



QUOTES OF WISDOM
ENRICH YOUR KNOWLEDGE, BE INSPIRED
AND CHART YOUR DESTINY

ALLOW THE ENLIGHTENED AND DIVINE WORDS TO GUIDE YOUR INNER PATH AND DESIRE...

Turn to page 139 onwards to discover the identity of the people who said the respective quotes.

LIFE IS AN OPPORTUNITY, BENEFIT FROM IT.

LIFE IS BEAUTY, ADMIRE IT.

LIFE IS A DREAM, REALIZE IT.

LIFE IS A CHALLENGE, MEET IT.

LIFE IS A DUTY, COMPLETE IT.

LIFE IS A GAME, PLAY IT.

LIFE IS A PROMISE, FULFIL IT.

LIFE IS A SORROW, OVERCOME IT.

LIFE IS A SONG, SING IT.

LIFE IS A TRAGEDY, CONFRONT IT.

LIFE IS AN ADVENTURE, DARE IT.

LIFE IS A LUCK, MAKE IT.

LIFE IS TOO PRECIOUS, DO NOT DESTROY IT.

LIFE IS LIFE, FIGHT FOR IT.

- MOTHER TERESA



PURPOSE





**“THE MEANING OF LIFE IS TO FIND YOUR GIFT.
THE PURPOSE OF LIFE IS TO GIVE IT AWAY.”**



**“EFFORTS AND COURAGE ARE NOT ENOUGH
WITHOUT PURPOSE AND **DIRECTION.**”**



"THE PURPOSE OF OUR LIVES IS TO BE **HAPPY."**



“WORK GIVES YOU MEANING AND PURPOSE AND LIFE IS EMPTY WITHOUT IT.”



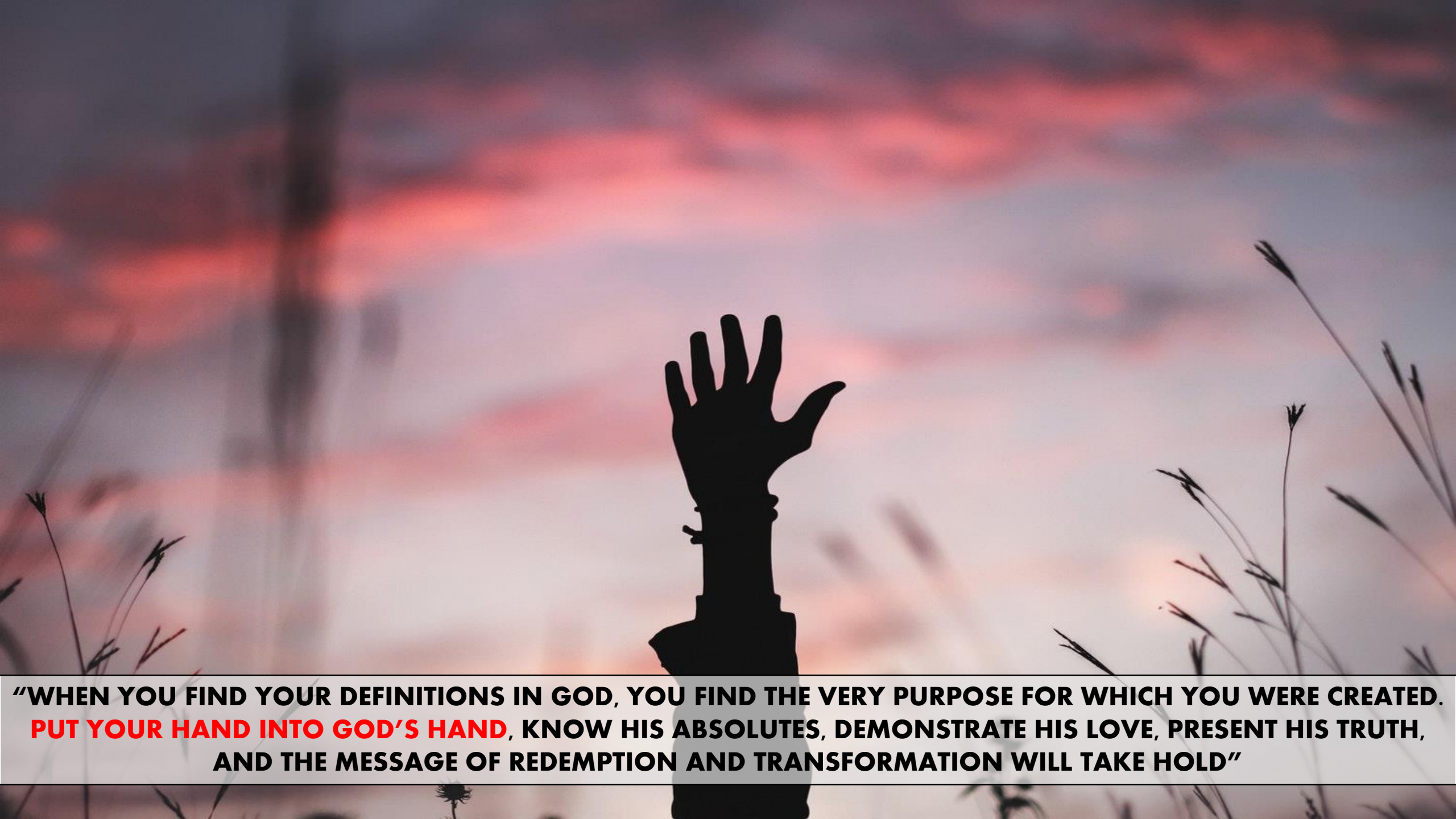
“THE PURPOSE OF EDUCATION IS TO MAKE GOOD HUMAN BEINGS WITH SKILL AND EXPERIENCE... ENLIGHTENED HUMAN BEINGS CAN BE CREATED BY TEACHERS”



“THE PURPOSE OF A VACATION IS TO HAVE THE **TIME TO REST.
BUT MANY OF US, EVEN WHEN WE GO ON VACATION, DON’T KNOW HOW TO REST.
WE MAY EVEN COME BACK MORE TIRED BEFORE WE LEFT.”**



“TO ME, LEADERSHIP IS ABOUT ENCOURAGING PEOPLE. IT’S ABOUT STIMULATING THEM. IT’S ABOUT ENABLING THEM TO ACHIEVE WHAT THEY CAN ACHIEVE – AND TO DO THAT WITH A PURPOSE”

A silhouette of a hand raised in prayer or praise against a soft, blurred sunset sky with warm orange and pink tones. The hand is positioned in the center of the frame, with fingers spread. The background is a mix of soft light and darker, out-of-focus grasses in the foreground.

“WHEN YOU FIND YOUR DEFINITIONS IN GOD, YOU FIND THE VERY PURPOSE FOR WHICH YOU WERE CREATED. PUT YOUR HAND INTO GOD’S HAND, KNOW HIS ABSOLUTES, DEMONSTRATE HIS LOVE, PRESENT HIS TRUTH, AND THE MESSAGE OF REDEMPTION AND TRANSFORMATION WILL TAKE HOLD”



“A SPIRITUAL PARTNERSHIP IS A **PARTNERSHIP BETWEEN EQUALS FOR THE PURPOSE OF SPIRITUAL GROWTH. SPIRITUAL PARTNERS USE THEIR DELIGHTFUL EXPERIENCES TOGETHER AS WELL AS THEIR POWER STRUGGLES TO **LEARN ABOUT THEMSELVES AND CHANGE THEMSELVES.**”**



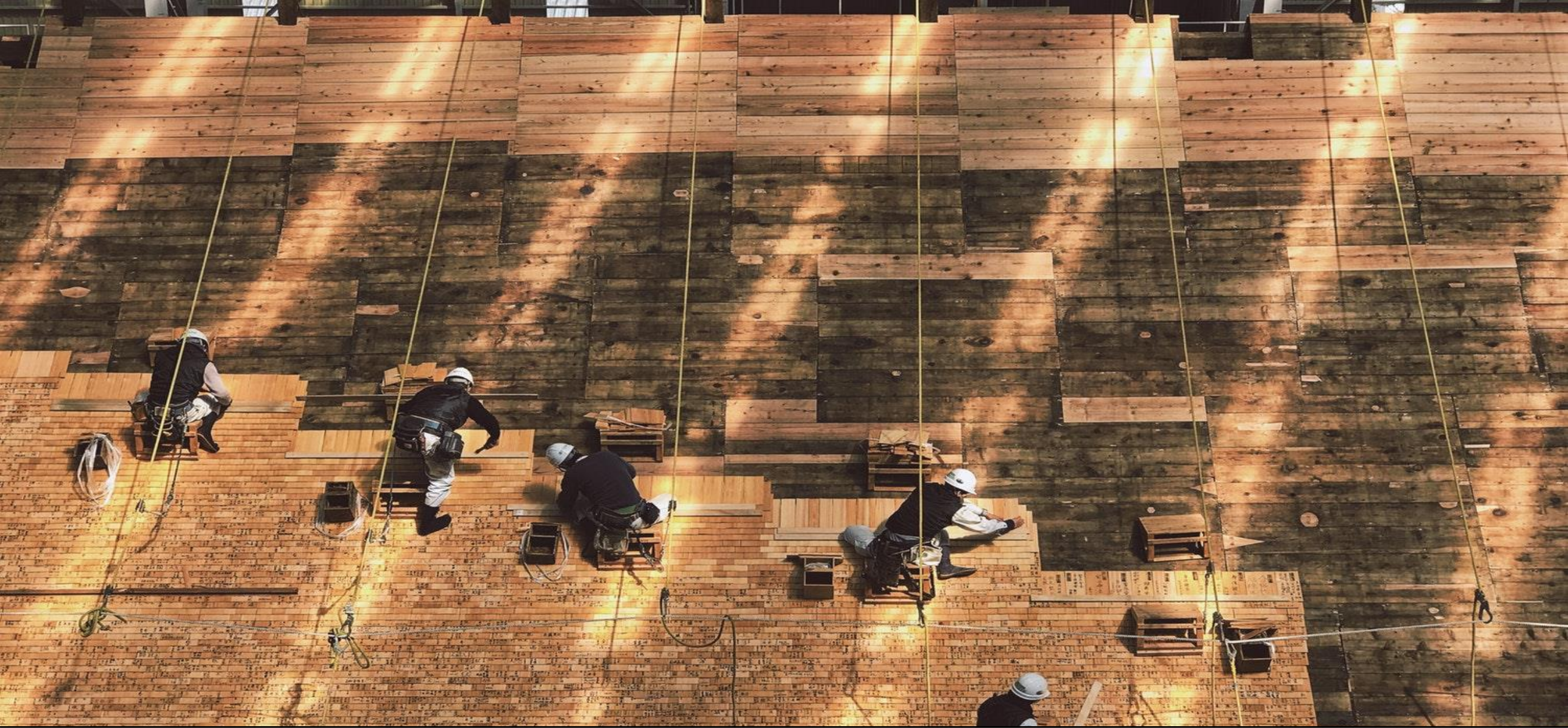
SUCCESS




**"IT IS HARD TO FAIL,
BUT IT IS **WORSE NEVER TO HAVE TRIED** TO SUCEED."**



**“I’M A SUCCESS TODAY BECAUSE I HAD A FRIEND WHO BELIEVED IN ME
AND I DIDN’T HAVE THE HEART TO LET HIM DOWN.”**



“WHAT IS SUCCESS? I THINK IT IS A MIXTURE OF HAVING FLAIR FOR THE THING THAT YOU ARE DOING; KNOWING THAT IT IS NOT ENOUGH, THAT YOU HAVE GOT TO HAVE **HARD WORK AND A CERTAIN **SENSE OF PURPOSE.**”**

A man with dark hair and a beard is shown in profile, looking upwards and to the left. He is wearing a dark, textured sweater. The background is a dark, gradient grey. The lighting is dramatic, highlighting the contours of his face.

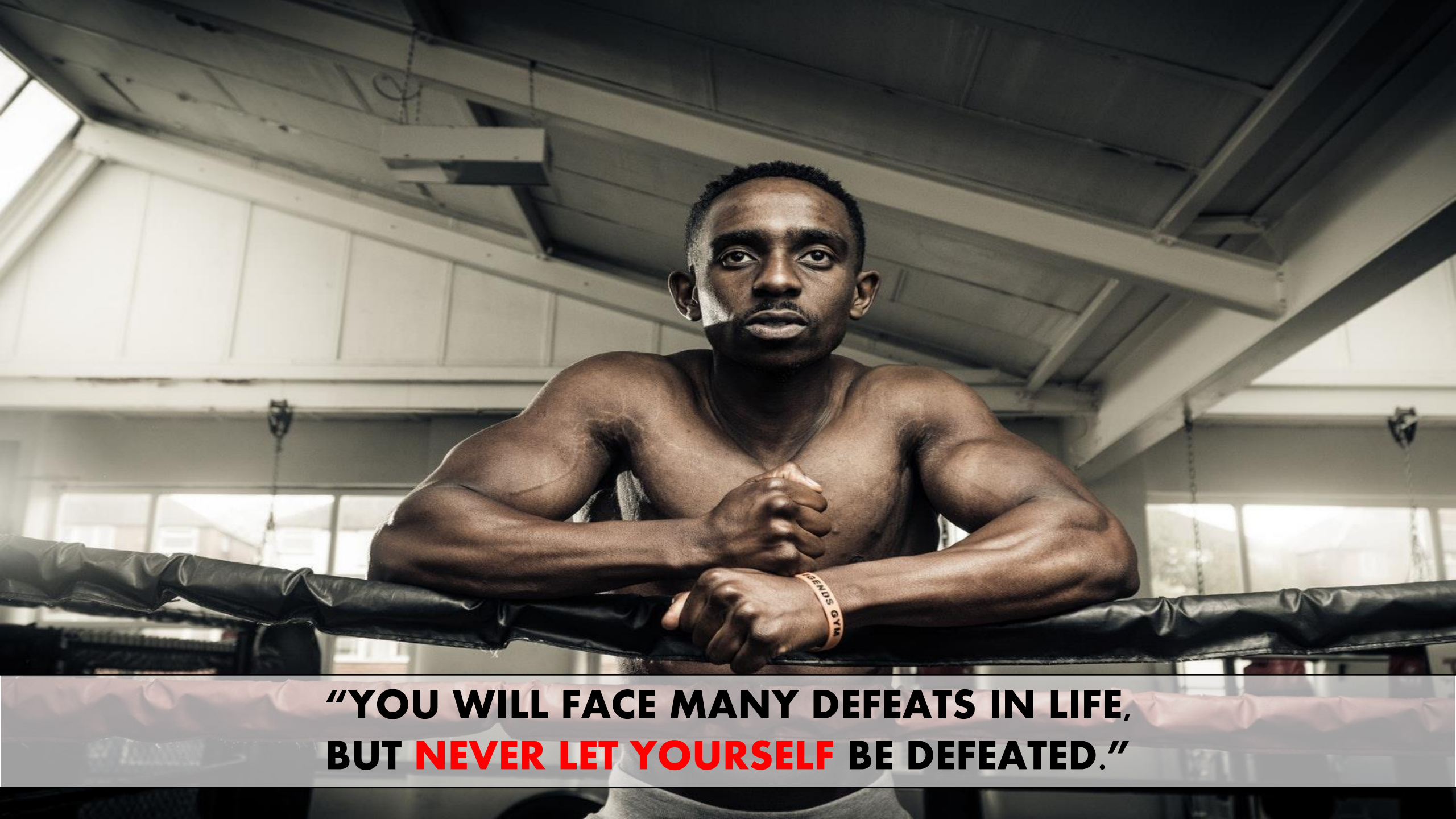
**“MANY OF LIFE’S FAILURES ARE PEOPLE WHO DID NOT REALIZE
HOW CLOSE THEY WERE TO SUCCESS WHEN THEY GAVE UP.”**



**“IT IS OUR CHOICES THAT SHOW WHAT WE TRULY ARE,
FAR MORE THAN OUR ABILITIES.”**



**“THE NO.1 REASON PEOPLE FAIL IN LIFE IS BECAUSE THEY LISTEN TO
THEIR FRIENDS, FAMILY, AND NEIGHBOURS.”**



**"YOU WILL FACE MANY DEFEATS IN LIFE,
BUT NEVER LET YOURSELF BE DEFEATED."**



“DO THE IMPOSSIBLE, BECAUSE EVERYONE HAS TOLD ME MY IDEAS ARE MERELY FANTASIES.”



**"I ATTRIBUTE MY SUCCESS TO THIS:
I NEVER GAVE OR TOOK ANY EXCUSE."**



**“YOU CAN’T FAIL IF YOU DON’T QUIT.
YOU CAN’T SUCEED IF YOU DON’T START.”**



COURAGE



**“SUCCESS IS NOT FINAL, FAILURE IS NOT FATAL:
IT IS THE COURAGE TO **CONTINUE THAT COUNTS.**”**



**“NEVER LET THE FEAR OF STRIKING OUT
KEEP YOU FROM PLAYING THE GAME.”**



**“ALL OUR DREAMS CAN COME TRUE,
IF WE HAVE THE COURAGE TO PURSUE THEM.”**



“IF YOU AREN’T GOING ALL THE WAY, WHY GO AT ALL?”



“YOU MUST BE THE **CHANGE YOU WISH TO SEE IN THE WORLD.”**



“LIFE SHRINKS OR EXPANDS IN PROPORTION TO ONE’S COURAGE.”



**"TOO MANY OF US ARE NOT LIVING OUR DREAMS
BECAUSE WE ARE LIVING OUR FEARS."**



“ONE’S **DIGNITY MAY BE ASSAULTED, VANDALIZED AND CRUELLY MOCKED,
BUT IT CAN **NEVER BE TAKEN AWAY** UNLESS IT IS SURRENDERED.”**



"I LEARNED THAT COURAGE WAS NOT THE ABSENCE OF FEAR, BUT THE TRIUMPH OVER IT. THE BRAVE MAN IS NOT HE WHO DOES NOT FEEL AFRAID, BUT HE WHO CONQUERS THAT FEAR."



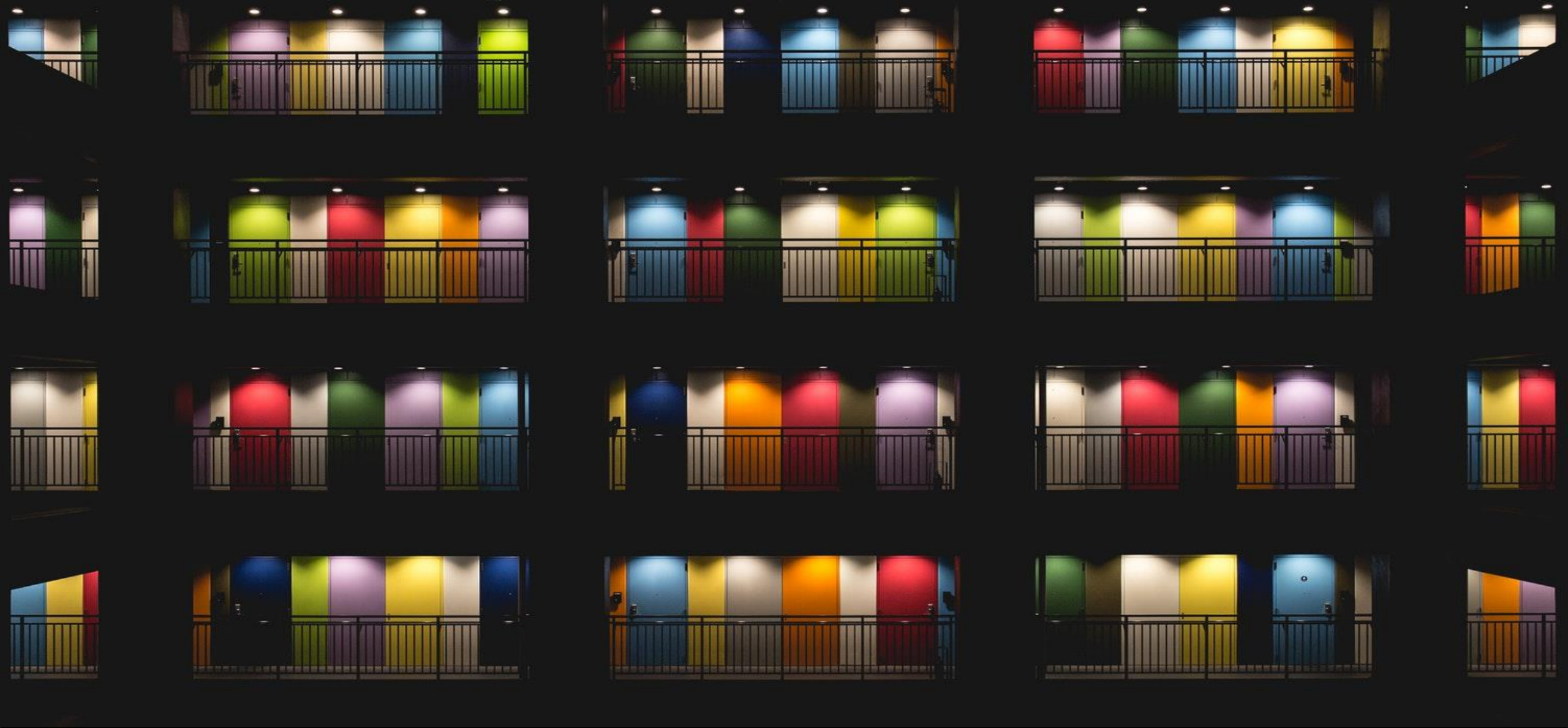
HAPPINESS



**“IF YOU WANT TO LIVE A HAPPY LIFE,
TIE IT TO A **GOAL**, NOT TO PEOPLE OR THINGS.”**



“HAVE NO FEAR OF PERFECTION, YOU’LL NEVER REACH IT.”



“WHEN ONE DOOR OF HAPPINESS CLOSES, ANOTHER OPENS, BUT OFTEN WE LOOK SO LONG AT THE CLOSED DOOR THAT **WE DO NOT SEE THE ONE THAT HAS BEEN OPENED FOR US.”**



**"IT WAS ONLY A SUNNY SMILE, AND LITTLE IT COST IN THE GIVING,
BUT LIKE **MORNING LIGHT** IT SCATTERED THE NIGHT AND **MADE THE DAY WORTH LIVING.**"**



“HAPPINESS CAN EXIST ONLY IN ACCEPTANCE.”



“SURROUND YOURSELF WITH PEOPLE WHO MAKE YOU HAPPY. PEOPLE WHO MAKE YOU LAUGH, WHO HELP YOU WHEN YOU’RE IN NEED. PEOPLE WHO GENUINELY CARE. THEY ARE THE ONES WORTH KEEPING IN YOUR LIFE. EVERYONE ELSE IS JUST PASSING THROUGH.”



“A MATHEMATICAL FORMULA FOR HAPPINESS: **REALITY DIVIDED BY **EXPECTATIONS**.
THERE WERE TWO WAYS TO BE HAPPY: IMPROVE YOUR HEALTH OR LOWER YOUR EXPECTATIONS.”**



**“HAPPINESS IS AN INSIDE JOB.
DON'T ASSIGN ANYONE ELSE THAT MUCH POWER OVER YOUR LIFE.”**



**“UNTIL YOU ARE HAPPY WITH WHO YOU ARE.
YOU WILL NEVER BE HAPPY WITH WHAT YOU HAVE.”**

TRUTH





“FIND OUT WHO YOU ARE AND BE THAT PERSON. THAT’S WHAT YOUR SOUL WAS OUT ON THIS EARTH TO BE. FIND THAT TRUTH, LIVE THAT TRUTH AND EVERYTHING ELSE WILL COME.”



“WHEN YOU ARE SORROWFUL, **LOOK AGAIN IN YOUR HEART, AND YOU SHALL SEE THAT IN TRUTH YOU ARE WEeping FOR THAT WHICH HAS BEEN YOUR DELIGHT.”**



"I PREFER TO BE **TRUE TO MYSELF, EVEN AT THE HAZARD OF INCURRING THE RIDICULE OF OTHERS, RATHER THAN TO BE FALSE, AND TO **INCUR MY OWN ABHORRENCE.**"**



“LET US DREAM OF TOMORROW WHERE WE CAN TRULY LOVE FROM THE SOUL, AND **KNOW LOVE
AS THE ULTIMATE TRUTH AT THE HEART OF ALL CREATION.”**



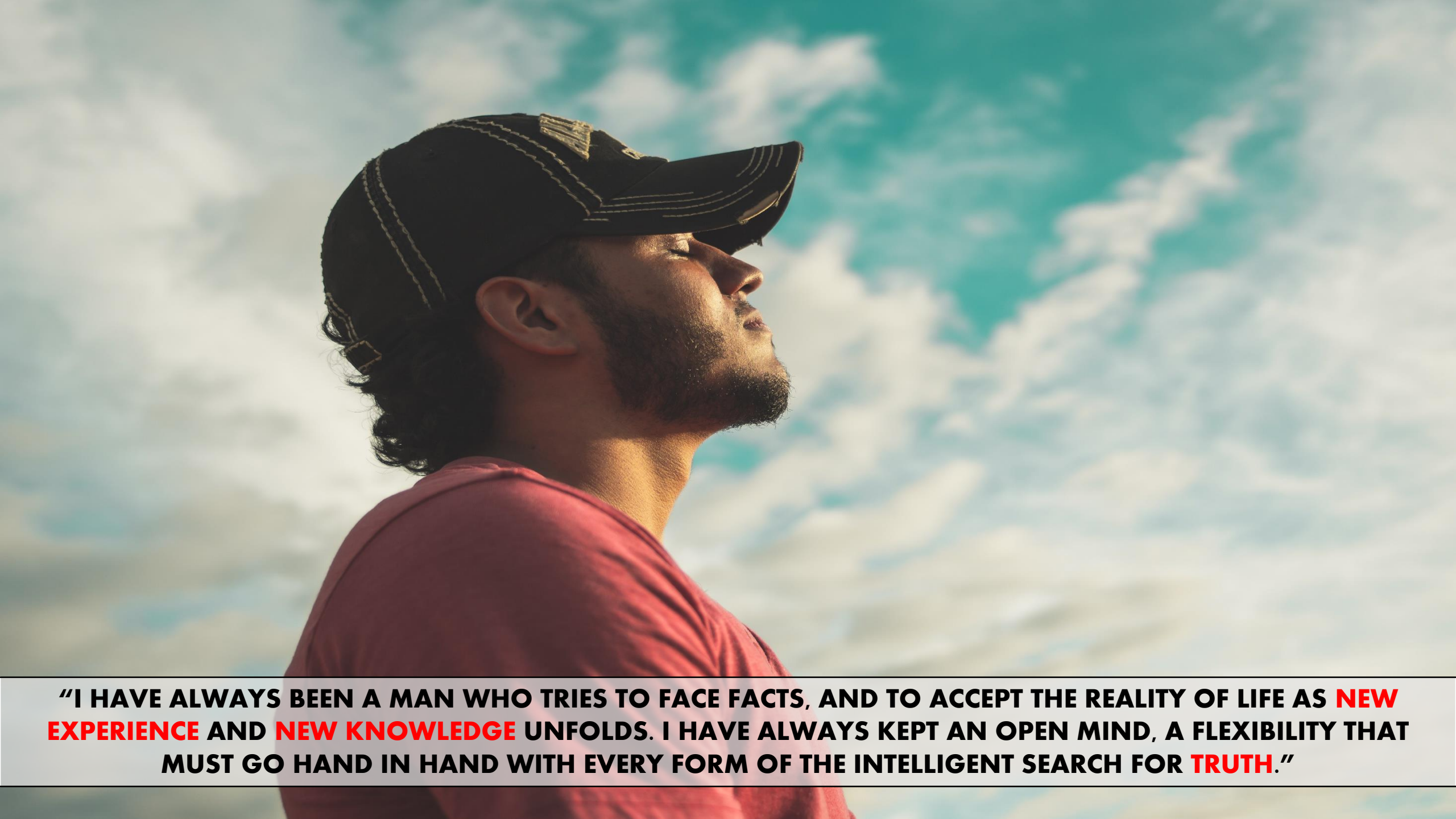
**“THE ONLY PASSION THAT GUIDES ME IS FOR THE TRUTH...
I LOOK AT EVERYTHING FROM **THIS POINT OF VIEW.**”**



"TRUTH IS, I'LL NEVER KNOW ALL THERE IS TO KNOW ABOUT YOU JUST AS YOU WILL NEVER KNOW ALL THERE IS TO KNOW ABOUT ME. HUMANS ARE BY NATURE TOO COMPLICATED TO BE UNDERSTOOD FULLY. SO, WE CAN CHOOSE EITHER TO APPROACH THEM WITH AN OPEN MIND, A DASH OF OPTIMISM AND A GREAT DEAL OF CANDOUR."



“SOME PEOPLE THINK THAT THE TRUTH CAN BE HIDDEN WITH A LITTLE COVER-UP AND DECORATION. BUT AS TIME GOES BY, WHAT IS **TRUE IS REVEALED, AND WHAT IS **FAKE FADES AWAY**.”**



"I HAVE ALWAYS BEEN A MAN WHO TRIES TO FACE FACTS, AND TO ACCEPT THE REALITY OF LIFE AS **NEW EXPERIENCE AND **NEW KNOWLEDGE** UNFOLDS. I HAVE ALWAYS KEPT AN OPEN MIND, A FLEXIBILITY THAT MUST GO HAND IN HAND WITH EVERY FORM OF THE INTELLIGENT SEARCH FOR **TRUTH**."**



**“HONESTY IS A VERY EXPENSIVE GIFT.
DO NOT EXPECT IT FROM CHEAP PEOPLE.”**



**"TRUTH CAN BE STATED IN A THOUSAND DIFFERENT WAYS,
YET EACH ONE CAN BE TRUE."**



RESPECT



“KNOWLEDGE WILL GIVE YOU POWER, BUT CHARACTER RESPECT.”



**“RESPECT FOR OURSELVES GUIDES OUR MORALS,
RESPECT FOR OTHERS GUIDES OUR MANNERS.”**



“RESPECT YOUR EFFORTS, RESPECT YOURSELF. SELF-RESPECT LEADS TO SELF-DISCIPLINE. WHEN YOU HAVE BOTH FIRMLY UNDER YOUR BELT, THAT’S REAL POWER.”



"WE LEARNED ABOUT GRATITUDE AND HUMILITY – THAT SO MANY PEOPLE HAD A HAND IN OUR SUCCESS, FROM THE TEACHERS WHO INSPIRED US TO THE JANITORS WHO KEPT OUR SCHOOL CLEAN... AND WE WERE TAUGHT TO VALUE EVERYONE'S CONTRIBUTION AND TREAT EVERYONE WITH RESPECT."



“BE A WARRIOR WHEN IT COMES TO DELIVERING YOUR **AMBITIONS. AND A SAINT WHEN IT COMES TO TREATING PEOPLE WITH **RESPECT**, MODELLING **GENEROSITY**, AND SHOWING UP WITH OUTRIGHT **LOVE**.”**



“BE LOYAL TO THOSE WHO ARE **LOYAL TO YOU AND **RESPECT** EVERYONE,
EVEN YOUR **ENEMIES** AND **COMPETITION**.”**



“YOU CANNOT LIVE TO PLEASE EVERYONE ELSE. YOU HAVE TO **EDIFY, **EDUCATE** AND **FULLFILL** YOUR OWN DREAMS AND DESTINY, AND HOPE THAT WHATEVER YOUR ART IS THAT YOU’RE PUTTING OUT THERE, IF IT’S RECEIVED, GREAT I RESPECT YOU FOR RECEIVING IT. IF IT’S NOT RECEIVED, GREAT, I RESPECT YOU FOR NOT.”**



“DON’T EVER KNOW WHO YOU MAY MEET, OR JUST BECAUSE A PERSON MAY NOT BE DRESSED UP ALL FANCY, DON’T MEAN THEY’RE NOT AN IMPORTANT PERSON. YOU JUST DON’T EVER KNOW WHO YOU’RE GONNA MEET IN LIFE. SO THAT’S WHY I LOOK AT EVERYBODY AS **EQUAL. CAN’T JUST JUDGE. I TREAT EVERYBODY WITH RESPECT. EVERY MAN.”**



“TRUST AND RESPECT IS SOMETHING YOU **EARN,
NOT SOMETHING THAT IS GIVEN.”**



OPPORTUNITIES



“IN MY EXPERIENCE, POOR PEOPLE ARE THE WORLD’S GREATEST ENTREPRENEURS. EVERY DAY, THEY MUST INNOVATE IN ORDER TO SURVIVE. THEY REMAIN **POOR BECAUSE THEY DO NOT HAVE THE **OPPORTUNITIES** TO TURN THEIR CREATIVITY INTO **SUSTAINABLE INCOME.**”**



“DON'T WAIT FOR THE RIGHT OPPORTUNITY, **CREATE IT.”**



**"YOUR LIFE DOES NOT GET BETTER BY CHANCE,
IT GETS BETTER BY CHANGE."**



**"EXPECT CHANGE. ANALYZE THE LANDSCAPE. TAKE THE OPPORTUNITIES.
STOP BEING THE CHESS PIECE; BECOME THE PLAYER. IT'S YOUR MOVE."**



“IF SOMEBODY OFFERS YOU AN AMAZING OPPORTUNITY BUT YOU ARE NOT SURE YOU CAN DO IT, SAY YES – THEN LEARN HOW TO DO IT LATER.”



“EMBRACE EACH CHALLENGE IN YOUR LIFE AS AN OPPORTUNITY FOR SELF-TRANSFORMATION.”



“WHATEVER MAKES YOU UNCOMFORTABLE IS YOUR BIGGEST OPPORTUNITY FOR GROWTH.”



“EMBRACE FAILURE. MISSTEPS AND ROADBLOCKS ARE INEVITABLE BUT ARE ULTIMATELY AN OPPORTUNITY TO LEARN, PIVOT, AND GO AFTER YOUR GOALS WITH NEW PERSPECTIVE.”



**“FAILURE IS SIMPLY THE OPPORTUNITY TO BEGIN AGAIN,
THIS TIME MORE INTELLIGENTLY.”**

PRESERVERANCE





"I HAVE A DREAM."



**"THE KEY TO SUCCESS IS ACTION,
AND THE ESSENTIAL IN ACTION IS PERSEVERANCE."**



“PERSEVERANCE IS FAILING 19 TIMES AND SUCCEEDING THE 20TH.”



"I DO NOT THINK THAT THERE IS ANY OTHER QUALITY SO ESSENTIAL TO SUCCESS OF ANY KIND AS THE QUALITY OF PERSEVERANCE. IT OVERCOMES ALMOST EVERYTHING, EVEN NATURE."



**“NO ONE SUCCEEDS WITHOUT EFFORT...
THOSE WHO SUCCEED OWE THEIR SUCCESS TO PERSEVERANCE.”**

A person with a backpack is seen from behind, looking out over a mountain range at sunrise. The sun is low on the horizon, creating a bright glow and lens flare. The sky transitions from a deep purple at the top to a bright orange near the sun. The person is wearing a dark jacket and a backpack. The overall mood is one of hope and perseverance.

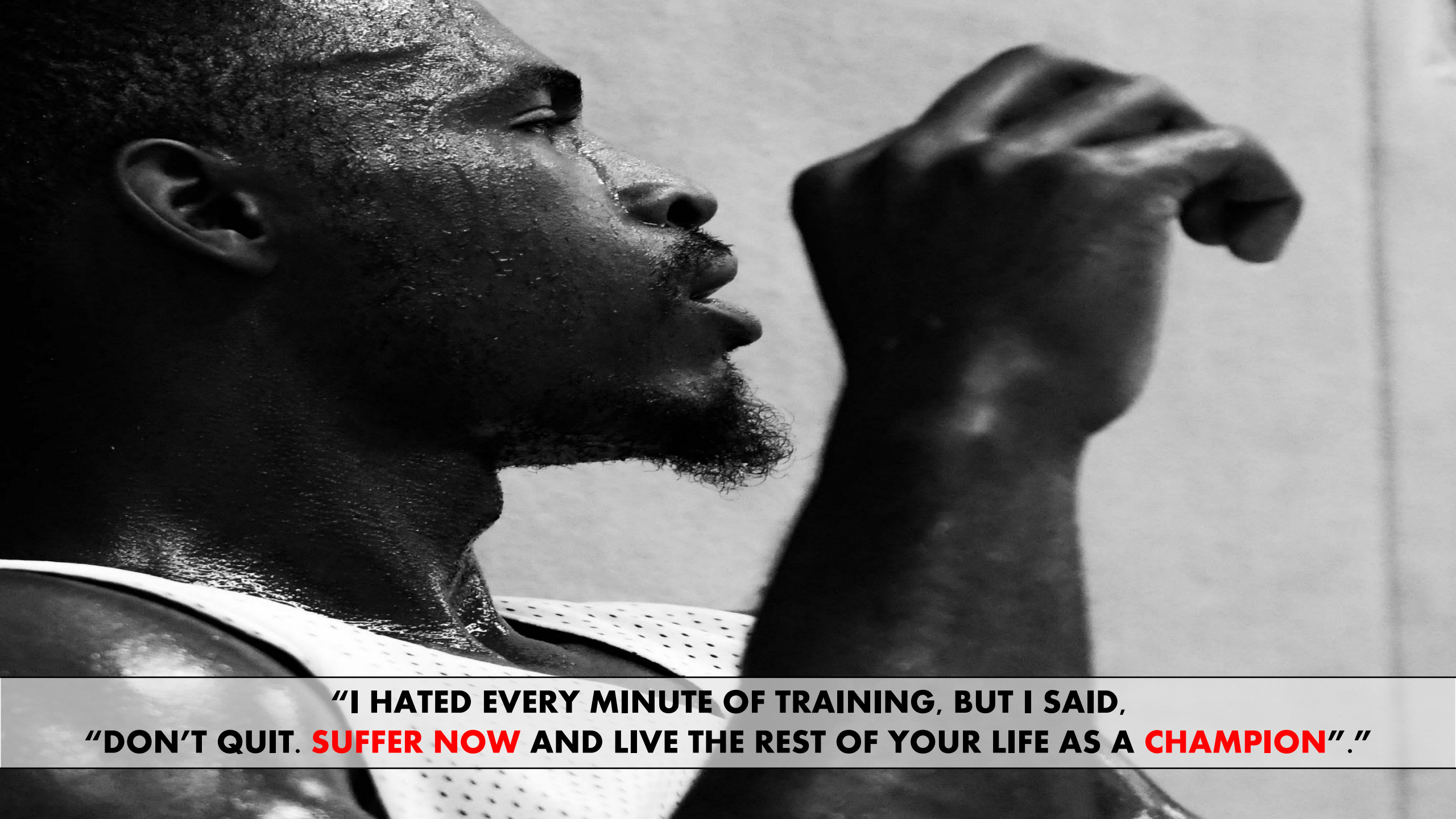
**“NEVER GIVE UP. TODAY IS HARD, TOMORROW WILL BE WORSE,
BUT THE DAY AFTER TOMORROW WILL BE **SUNSHINE.**”**



**“BELIEVE THE UNBELIEVABLE, DREAM THE IMPOSSIBLE,
NEVER TAKE NO FOR AN ANSWER.”**



**“IN GENERAL, ANY FORM OF EXERCISE, IF PURSUED CONTINUOUSLY, WILL HELP TRAIN US IN PERSEVERANCE.
LONG-DISTANCE RUNNING IS PARTICULARLY GOOD TRAINING IN PERSEVERANCE.”**



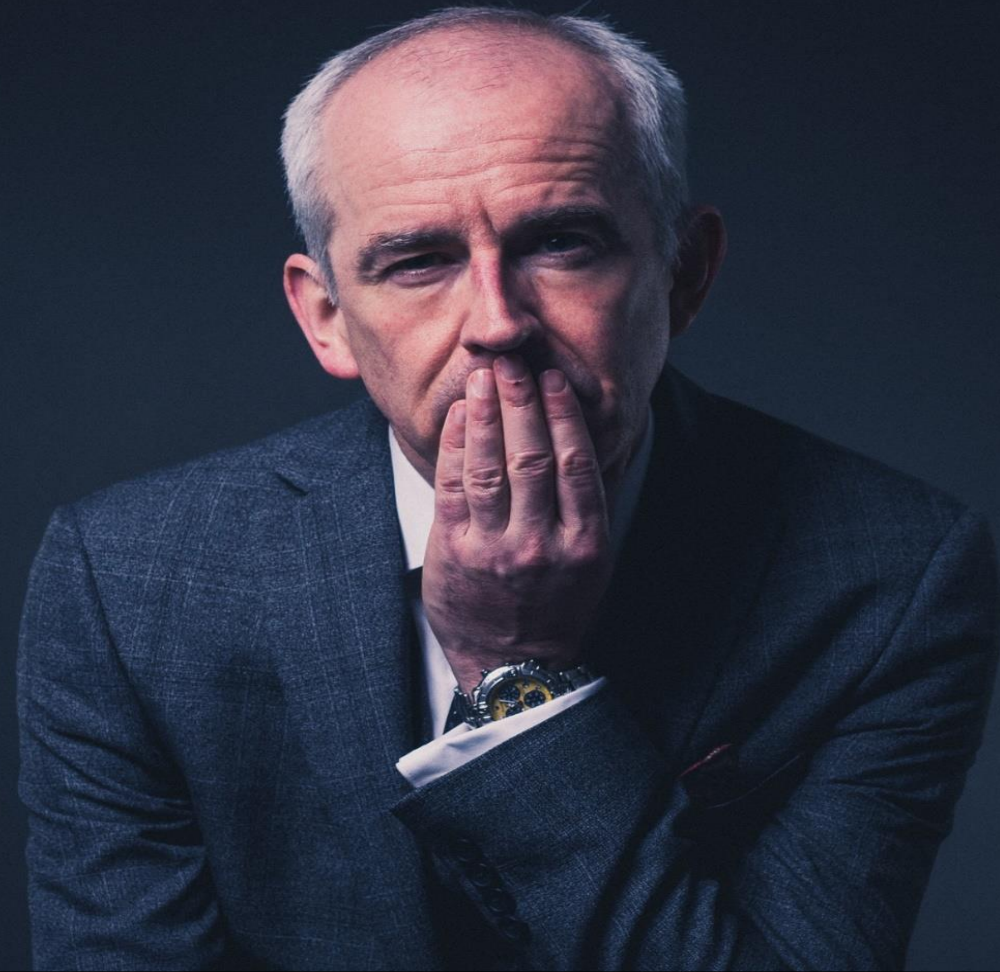
**"I HATED EVERY MINUTE OF TRAINING, BUT I SAID,
"DON'T QUIT. **SUFFER NOW** AND LIVE THE REST OF YOUR LIFE AS A **CHAMPION**"."**



**“ONE DAY, IN RETROSPECT,
THE YEARS OF STRUGGLE WILL STRIKE YOU AS THE MOST BEAUTIFUL.”**



REGRET



“TWENTY YEARS FROM NOW YOU WILL BE MORE DISAPPOINTED BY THE THINGS THAT YOU DIDN'T DO THAN BY THE ONES YOU DID DO.”



**“LIFE IS TOO SHORT, TIME IS TOO PRECIOUS,
AND THE STAKES ARE TOO HIGH TO DWELL ON WHAT MIGHT HAVE BEEN.”**



**“ONE DOESN'T RECOGNIZE THE REALLY IMPORTANT MOMENTS
IN ONE'S LIFE **UNTIL IT'S TOO LATE.**”**



“DO NOT BROOD OVER YOUR PAST MISTAKES AND FAILURES AS THIS WILL ONLY FILL YOUR MIND WITH GRIEF, REGRET AND DEPRESSION. DO NOT REPEAT THEM IN THE FUTURE.”



“I’VE MADE A LOT OF MISTAKES AND I **DON’T REGRET ANY OF THEM.
SOMETIMES THAT’S **THE ONLY WAY YOU LEARN.**”**



"I'VE TONS OF REGRETS, BUT I THINK THAT'S ONE OF THE REASONS THAT PUSH PEOPLE TO CREATE THINGS. OUT OF THEIR ANGST, THEIR REGRET, COMES THE BEST FROM ARTISTS, PAINTERS AND WRITERS."



**“SPEAK WHEN YOU ARE ANGRY
– AND YOU’LL MAKE THE BEST SPEECH YOU’LL EVER REGRET.”**



“AT THE END OF YOUR LIFE, YOU WILL NEVER REGRET NOT HAVING PASSED ONE MORE TEST, NOT WINNING ONE MORE VERDICT OR NOT CLOSING ONE MORE DEAL. YOU WILL **REGRET TIME NOT SPENT WITH A HUSBAND, A FRIEND, A CHILD, OR A PARENT.”**



“LET’S GO INVEST TOMORROW RATHER THAN WORRYING ABOUT WHAT HAPPENED YESTERDAY.”

FORGIVENESS





“IT IS JUST AS NECESSARY TO FORGIVE OURSELVES AS IT IS TO FORGIVE OTHERS, AND THE PRINCIPAL REASON WHY FORGIVENESS SEEMED SO DIFFICULT IS BECAUSE WE HAVE NEGLECTED TO FORGIVE OURSELVES.”



**“WE THINK THAT FORGIVENESS IS WEAKNESS, BUT IT’S ABSOLUTELY NOT.
IT TAKES A VERY **STRONG** PERSON TO **FORGIVE**.”**



**“HOLDING A GRUDGE DOESN'T MAKE YOU STRONG; IT MAKES YOU BITTER.
FORGIVING DOESN'T MAKE YOU WEAK; IT SETS YOU FREE.”**



"INNER PEACE CAN BE REACHED ONLY WHEN WE PRACTICE FORGIVENESS. FORGIVENESS IS LETTING GO OF THE PAST, AND IS THEREFORE THE MEANS FOR CORRECTING OUR MISPERCEPTIONS."



**“HATE IS SELF-DESTRUCTIVE. IF YOU HATE SOMEBODY,
YOU’RE NOT HURTING THE PERSON YOU HATE. YOU’RE HURTING YOURSELF.
AND THAT’S A HEALING. ACTUALLY, IT’S A REAL HEALING, FORGIVENESS.”**



“THE MOST IMPORTANT THING THAT I LEARNED IN GROWING UP IS THAT **FORGIVENESS IS SOMETHING THAT, WHEN YOU DO IT, YOU **FREE** YOURSELF TO MOVE ON.”**



“FORGIVENESS FOR ONE’S SELF IS THE ONLY WAY WE CAN KEEP GOING THROUGH LIFE AND GIVE OURSELVES THE BEST CHANCE AT BEING THE BEST PEOPLE WE CAN BE.”



“WITHOUT FORGIVENESS, THERE’S NO FUTURE.”



**"THE STUPID NEITHER FORGIVE NOR FORGET;
THE NAÏVE FORGIVE AND FORGET;
THE WISE FORGIVE BUT DO NOT FORGET."**



"I FORGIVE, BUT I ALSO LEARN A LESSON. I WON'T HATE YOU, BUT I'LL NEVER GET CLOSE ENOUGH FOR YOU TO HURT ME AGAIN. I CAN'T LET MY **FORGIVENESS BECOME **FOOLISHNESS**."**

LOVE





**“SPREAD LOVE EVERYWHERE YOU GO: FIRST OF ALL IN YOUR OWN HOUSE.
LET NO ONE EVER COME TO YOU **WITHOUT LEAVING HAPPIER.**”**



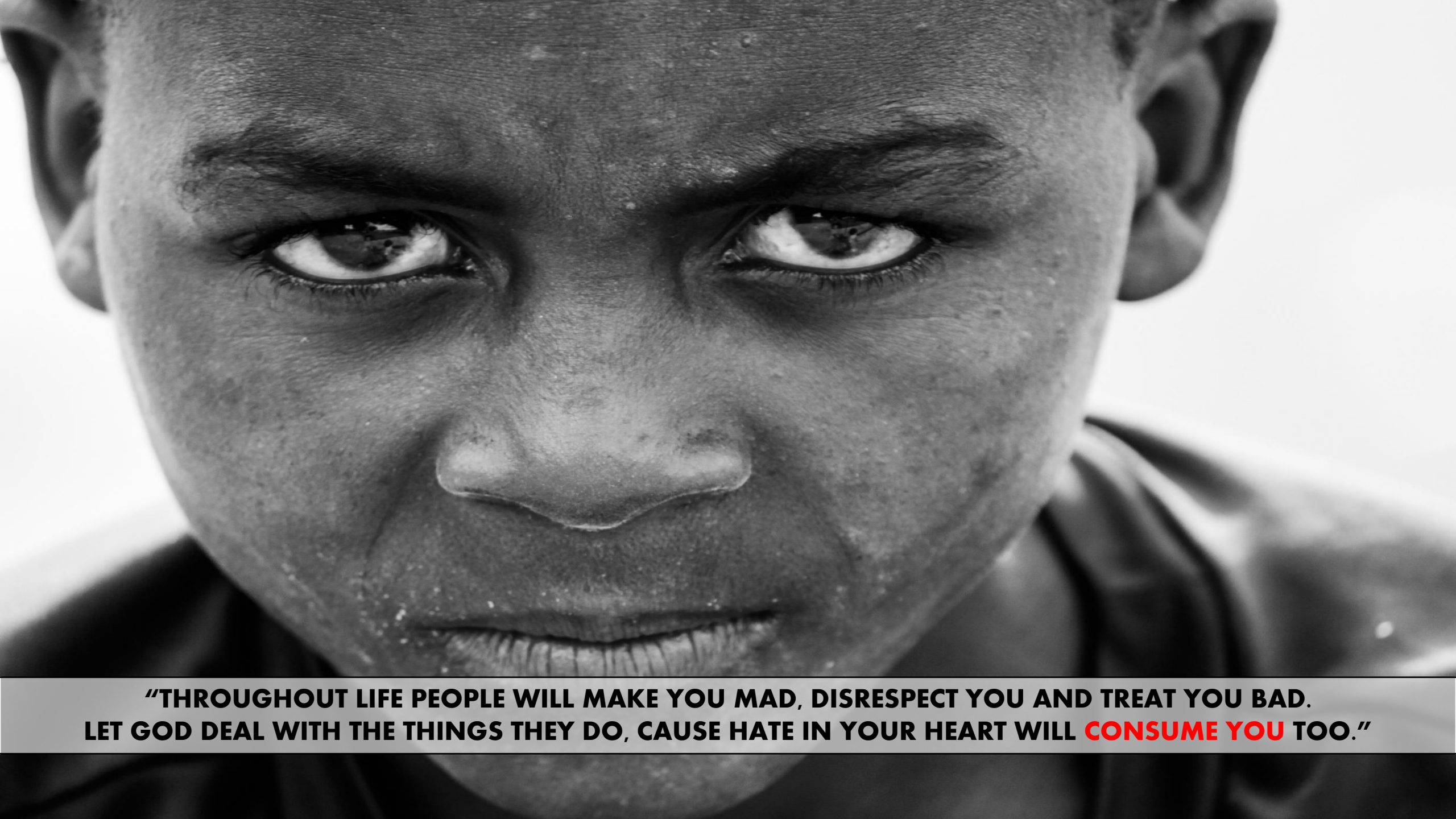
“LOVE IS WHEN THE OTHER PERSON’S HAPPINESS IS MORE IMPORTANT THAN YOUR OWN.”



**"THE GREATEST GIFT THAT YOU CAN GIVE TO OTHERS IS THE GIFT OF
UNCONDITIONAL LOVE AND ACCEPTANCE."**



“LOVE ONE ANOTHER AND HELP OTHERS TO RISE TO THE HIGHER LEVELS, SIMPLY BY POURING OUT LOVE. LOVE IS INFECTIOUS AND THE **GREATEST HEALING ENERGY.”**



"THROUGHOUT LIFE PEOPLE WILL MAKE YOU MAD, DISRESPECT YOU AND TREAT YOU BAD. LET GOD DEAL WITH THE THINGS THEY DO, CAUSE HATE IN YOUR HEART WILL CONSUME YOU TOO."



**“YOU CAN ONLY HATE SOMEONE WHOM YOU HAVE THE CAPACITY TO LOVE,
BECAUSE IF YOU ARE REALLY INDIFFERENT, YOU CANNOT EVEN GET UP ENOUGH ENERGY TO **HATE** HIM.”**



**"IF YOU LOVE SOMEONE, SET THEM FREE.
IF THEY COME BACK THEY'RE YOURS;
IF THEY DON'T THEY NEVER WERE."**



"THE GOOD LIFE IS ONE INSPIRED BY LOVE AND GUIDED BY KNOWLEDGE."



**"ALL, EVERYTHING THAT I UNDERSTAND,
I UNDERSTAND ONLY BECAUSE I LOVE."**



**“NOTHING CAN BRING A REAL SENSE OF SECURITY INTO THE HOME
EXCEPT **TRUE LOVE.**”**



MINDSET



“DOING THE BEST AT THIS MOMENT PUTS YOU IN THE BEST PLACE FOR THE NEXT MOMENT.”



“BE **YOURSELF; EVERYONE ELSE IS ALREADY **TAKEN**.”**



“GREAT MINDS DISCUSS IDEAS; AVERAGE MINDS DISCUSS EVENTS.”



“REMEMBER NO ONE CAN MAKE YOU FEEL **INFERIOR WITHOUT YOUR **CONSENT.**”**



"THE MIND IS **EVERYTHING.
WHAT YOU THINK YOU BECOME."**



**“DO NOT DWELL IN THE PAST, DO NOT DREAM OF THE FUTURE,
CONCENTRATE THE MIND ON THE **PRESENT MOMENT.**”**



**“THE BATTLES THAT COUNT AREN’T THE ONES FOR GOLD MEDALS.
THE STRUGGLES WITHIN YOURSELF – THE **INVISIBLE BATTLES** INSIDE ALL OF US
– THAT’S WHERE IT’S AT”**



**“IT DOES NOT MATTER HOW SLOWLY YOU GO
AS LONG AS YOU DO NOT STOP”**



“THE ONLY PERSON YOU ARE DESTINED TO **BECOME
IS THE PERSON YOU **DECIDE** TO BE”**



LIFE





“ONLY I CHANGE MY LIFE. NO ONE CAN DO IT FOR ME”



“DEATH IS NOT THE GREATEST LOSS IN **LIFE.
THE GREATEST LOSS IS WHAT DIES INSIDE US WHILE WE **LIVE**.”**



“IT’S ALL ABOUT **QUALITY OF LIFE AND FINDING A **HAPPY BALANCE** BETWEEN WORK AND FRIENDS AND FAMILY.”**



“SUCCESSFUL PEOPLE MAINTAIN A POSITIVE FOCUS IN LIFE NO MATTER WHAT IS GOING ON AROUND THEM. THEY STAY FOCUSED ON THEIR PAST SUCCESSES RATHER THAN THEIR PAST FAILURES, AND ON THE NEXT ACTION STEPS THEY NEED TO TAKE TO GET THEM CLOSE TO THE FULFILMENT OF THEIR GOALS RATHER THAN ALL THE OTHER DISTRACTIONS THAT LIFE PRESENT TO THEM.”



**"I CAN'T CHANGE THE DIRECTION OF THE WIND,
BUT I CAN ADJUST MY SAILS TO ALWAYS REACH MY DESTINATION."**



**“PERFECTION IS NOT ATTAINABLE,
BUT IF WE CHASE PERFECTION WE CAN CATCH EXCELLENCE.”**



**“NO MATTER WHAT PEOPLE TELL YOU,
WORDS AND IDEAS CAN CHANGE THE WORLD.”**



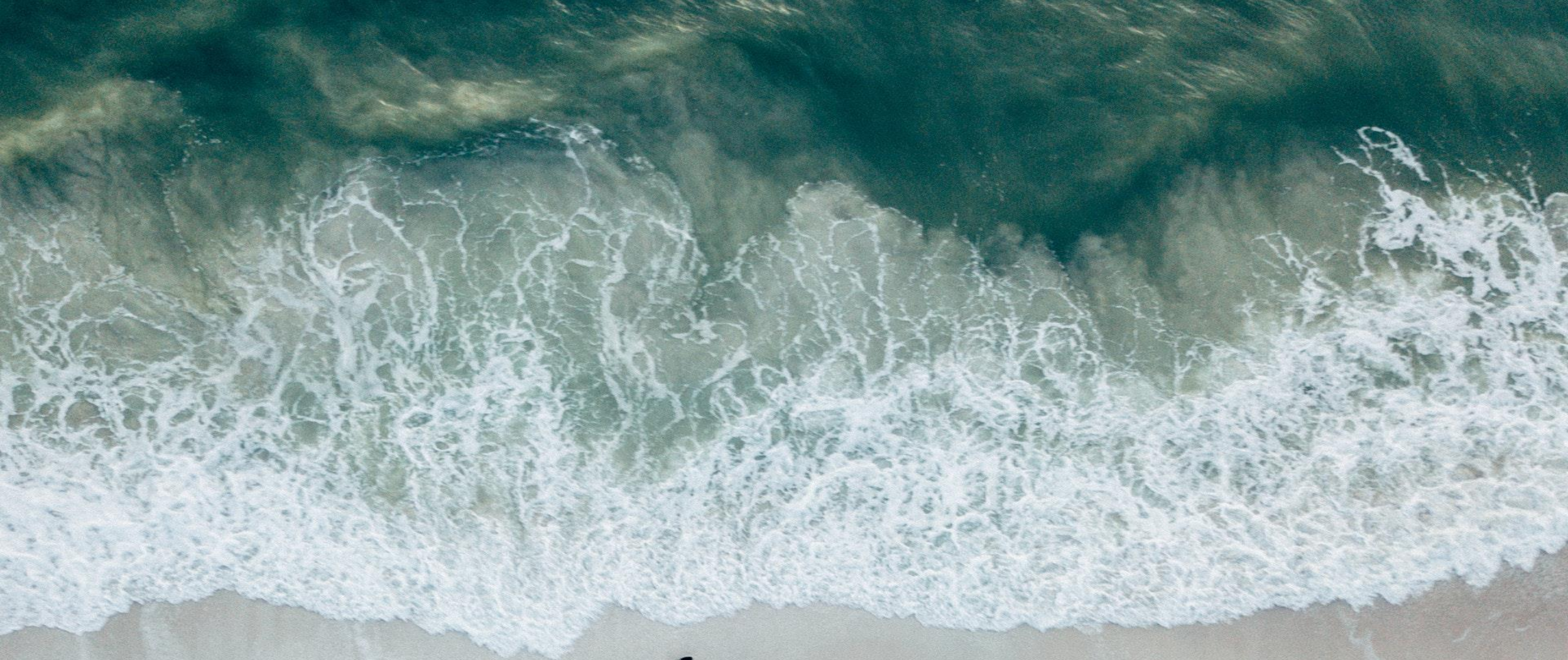
**“WHEN THE WHOLE WORLD IS SILENT,
EVEN ONE VOICE BECOMES **POWERFUL.**”**



**“IF WHAT YOU HAVE DONE YESTERDAY STILL LOOKS BIG TO YOU,
YOU HAVEN’T **DONE MUCH TODAY.**”**



“IF YOU ARE **BORN POOR, IT’S NOT YOUR MISTAKE.
BUT IF YOU **DIE** POOR, IT’S YOUR MISTAKE.”**



THE PEOPLE BEHIND THE QUOTES...

PURPOSE

- **“THE MEANING OF LIFE IS TO FIND YOUR GIFT. THE PURPOSE OF LIFE IS TO GIVE IT AWAY.”**
PABLO PICASSO, PAINTER (1881 - 1973), SPANISH EXPATRIATE, WAS ONE OF THE GREATEST AND MOST INFLUENTIAL ARTISTS OF THE 20TH CENTURY, AS WELL AS THE CO-CREATOR OF CUBISM.
- **“EFFORTS AND COURAGE ARE NOT ENOUGH WITHOUT PURPOSE AND DIRECTION.”**
JOHN F. KENNEDY, THE 35TH U.S. PRESIDENT (1917 - 1963), NEGOTIATED THE NUCLEAR TEST-BAN TREATY, AND INITIATED THE ALLIANCE FOR PROGRESS.
- **“THE PURPOSE OF OUR LIVES IS TO BE HAPPY.”**
DALAI LAMA, RELIGIOUS FIGURE (1935 -), TIBET’S POLITICAL LEADER, HAS STRIVED TO MAKE TIBET AN INDEPENDENT AND DEMOCRATIC STATE FROM CHINA. HE AND HIS FOLLOWERS ARE EXILED INTO INDIA.
- **“WORK GIVES YOU MEANING AND PURPOSE AND LIFE IS EMPTY WITHOUT IT.”**
STEPHEN HAWKING, PHYSICIST (1942 - 2018), KNOWN FOR HIS GROUNDBREAKING WORK WITH BLACK HOLES AND RELATIVITY, AND WAS THE AUTHOR OF SEVERAL POPULAR SCIENCE BOOKS INCLUDING ‘A BRIEF HISTORY OF TIME.’
- **“THE PURPOSE OF EDUCATION IS TO MAKE GOOD HUMAN BEINGS WITH SKILL AND EXPERIENCE... ENLIGHTENED HUMAN BEINGS CAN BE CREATED BY TEACHERS”**
AVUL PAKIR JAINULABDEEN ABDUL KALAM, 11TH INDIA’S PRESIDENT (1931 - 2015), CENTRAL FIGURE IN THE DEVELOPMENT OF THE COUNTRY’S NUCLEAR CAPABILITIES AND WAS HAILED AS A NATIONAL HERO.
- **“THE PURPOSE OF A VACATION IS TO HAVE THE TIME TO REST. BUT MANY OF US, EVEN WHEN WE GO ON VACATION, DON’T KNOW HOW TO REST. WE MAY EVEN COME BACK MORE TIRED BEFORE WE LEFT.”**
THICH NHAT HANH, VIETNAMESE BUDDHIST MONK (1931 -), LIFELONG PEACE-ACTIVIST DEDICATED TO FINDING PEACEFUL SOLUTIONS TO CONFLICTS.
- **“TO ME, LEADERSHIP IS ABOUT ENCOURAGING PEOPLE. IT’S ABOUT STIMULATING THEM. IT’S ABOUT ENABLING THEM TO ACHIEVE WHAT THEY CAN ACHIEVE - AND TO DO THAT WITH A PURPOSE”**
CHRISTIAN LAGARDE, MANAGING DIRECTOR & CHAIRWOMAN OF THE IMF (1956 -)
- **“WHEN YOU FIND YOUR DEFINITIONS IN GOD, YOU FIND THE VERY PURPOSE FOR WHICH YOU WERE CREATED. PUT YOUR HAND INTO GOD’S HAND, KNOW HIS ABSOLUTES, DEMONSTRATE HIS LOVE, PRESENT HIS TRUTH, AND THE MESSAGE OF REDEMPTION AND TRANSFORMATION WILL TAKE HOLD”**
RAVI ZACHARIAS, RELIGIOUS LEADER (1946 -), REFERRED AS “THE GREATEST APOLOGIST OF OUR TIME” BY CHUCH COLSON AND AUTHOR OF NUMEROUS CHRISTIAN BOOKS.
- **“A SPIRITUAL PARTNERSHIP IS A PARTNERSHIP BETWEEN EQUALS FOR THE PURPOSE OF SPIRITUAL GROWTH. SPIRITUAL PARTNERS USE THEIR DELIGHTFUL EXPERIENCES TOGETHER AS WELL AS THEIR POWER STRUGGLES TO LEARN ABOUT THEMSELVES AND CHANGE THEMSELVES.”**
GARY ZUKAV, AMERICAN SPIRITUAL TEACHER (1942 -), AUTHOR OF FOUR CONSECUTIVE NEW YORK TIME BESTSELLERS.

SUCCESS

- “IT IS HARD TO FAIL, BUT IT IS **WORSE NEVER TO HAVE TRIED TO SUCCEED.**”
THEODORE ROOSEVELT, THE 26TH U.S. PRESIDENT (1858 - 1919), REMEMBERED FOR HIS FOREIGN POLICY, CORPORATE REFORMS AND ECOLOGICAL PRESERVATION.
- “I’M A SUCCESS TODAY BECAUSE I HAD A FRIEND WHO BELIEVED IN ME AND I DIDN’T HAVE THE **HEART TO LET HIM DOWN.**”
ABRAHAM LINCOLN, THE 16TH U.S. PRESIDENT (1809 - 1865), PERSEVERED THE UNION DURING THE U.S. CIVIL WAR AND BROUGHT ABOUT THE EMANCIPATION OF SLAVES.
- “WHAT IS SUCCESS? I THINK IT IS A MIXTURE OF HAVING FLAIR FOR THE THING THAT YOU ARE DOING; KNOWING THAT IT IS NOT ENOUGH, THAT YOU HAVE GOT TO HAVE **HARD WORK AND A CERTAIN SENSE OF PURPOSE.**”
MARGARET THATCHER, THE 8TH PRIME MINISTER TO SERVE QUEEN ELIZABETH II (1925 - 2013), DUBBED THE “IRON LADY” AND WAS A CONTROVERSIAL FIGUREHEAD OF CONSERVATIVE IDEOLOGY DURING HER TIME IN OFFICE.
- “MANY OF LIFE’S FAILURES ARE PEOPLE WHO DID NOT REALIZE **HOW CLOSE** THEY WERE TO SUCCESS WHEN THEY GAVE UP.”
THOMAS EDISON, INVENTOR (1847 - 1931), CREATED SUCH GREAT INNOVATIONS AS THE PRACTICAL INCANDESCENT ELECTRIC LIGHT BULB AND THE PHONOGRAPH. A SAVVY BUSINESSMAN, HE HELD MORE THAN 1,000 PATENTS FOR HIS INVENTIONS.
- “IT IS OUR **CHOICES** THAT SHOW WHAT WE TRULY ARE, FAR MORE THAN OUR ABILITIES.”
J.K. ROWLING, NOVELIST (1965 -), CREATOR OF THE “HARRY POTTER” FANTASY SERIES, ONE OF THE MOST POPULAR BOOK AND FILM FRANCHISES IN HISTORY.
- “THE NO.1 REASON PEOPLE FAIL IN LIFE IS BECAUSE **THEY LISTEN TO THEIR FRIENDS, FAMILY, AND NEIGHBOURS.**”
NAPOLEAN HILL, AUTHOR (1883 - 1970), AMERICAN SELF-AUTHOR, BEST KNOWN FOR HIS BOOK “THINK AND GROW RICH”, WHICH IS AMONG THE 10 BEST SELLING SELF-HELP BOOKS OF ALL TIME.
- “YOU WILL FACE MANY DEFEATS IN LIFE, BUT **NEVER LET YOURSELF** BE DEFEATED.”
MAYA ANGELOU, AUTHOR (1928 - 2014), CIVIL RIGHTS ACTIVIST, WAS A POET AND AWARD-WINNING AUTHOR KNOWN FOR HER NUMEROUS POETRY AND ESSAY COLLECTIONS.
- “**DO THE IMPOSSIBLE**, BECAUSE EVERYONE HAS TOLD ME MY IDEAS ARE MERELY FANTASIES.”
HOWARD HUGHES, PRODUCER (1906 - 1976), WAS AN AMERICAN MANUFACTURER, AVIATOR AND MOTION-PICTURE PRODUCER AND DIRECTOR.
- “I ATTRIBUTE MY SUCCESS TO THIS: **I NEVER GAVE OR TOOK ANY EXCUSE.**”
FLORENCE NIGHTINGALE, NURSE (1820 - 1910), GREATLY AFFECTED 19TH AND 20TH CENTURY POLICIES AROUND PROPER CARE. KNOWN FOR HER NIGHT ROUNDS TO AID THE WOUNDED, ESTABLISHING HER IMAGE AS THE “LADY WITH THE LAMP.”
- “YOU CAN’T FAIL IF YOU DON’T QUIT. **YOU CAN’T SUCCEED IF YOU DON’T START.**”
MICHAEL HYATT, SOCIAL MEDIA LEADER AND INNOVATOR (1955 -), BEST SELLING AUTHOR, POPULAR BLOGGER AND FORMER CHAIRMAN & CEO OF THOMAS NELSON PUBLISHERS, THE LARGEST FAITH-BASED PUBLISHER IN THE WORLD AND NOW PART OF HARPERCOLLINS.

COURAGE

- **“SUCCESS IS NOT FINAL, FAILURE IS NOT FATAL: IT IS THE COURAGE TO **CONTINUE THAT COUNTS.**”**
SIR WINSTON CHURCHILL, PRIME MINISTER (1874 - 1965), WAS A BRITISH WRITER, MILITARY LEADER AND STATESMAN. TWICE NAMED PRIME MINISTER OF THE UNITED KINGDOM, HE FORGED ALLIANCES WITH THE UNITED STATES AND SOVIET UNION TO DEFEAT NAZI GERMANY IN WORLD WAR II.
- **“NEVER LET THE **FEAR OF STRIKING OUT** KEEP YOU FROM PLAYING THE GAME.”**
BABE RUTH, PROFESSIONAL BASEBALL PLAYER (1895 - 1948), SET NUMEROUS RECORDS AS A PITCHER AND SLUGGING OUTFIELDER. HE WAS AMONG THE FIRST FIVE PLAYERS INDUCTED INTO THE SPORT’S HALL OF FAME.
- **“ALL OUR DREAMS CAN COME TRUE, IF WE HAVE THE COURAGE TO **PURSUE THEM.**”**
WALT DISNEY, ENTREPRENEUR (1901 - 1966), WAS AN AMERICAN MOTION-PICTURE AND TELEVISION PRODUCER AND SHOWMAN, FAMOUS AS A PIONEER OF CARTOON FILMS AND AS THE CREATOR OF DISNEYLAND.
- **“IF YOU AREN’T GOING ALL THE WAY, **WHY GO AT ALL?**”**
JOE NAMATH, PROFESSIONAL GRIDIRON FOOTBALL (1943 -), ALSO CALLED “BROADWAY JOE”, ONE OF THE BEST QUARTERBACK PASSERS IN FOOTBALL AND A CULTURAL ICON OF THE 1960S.
- **“YOU MUST BE THE **CHANGE** YOU WISH TO SEE IN THE WORLD.”**
MAHATMA GANDHI, ANTI-WAR ACTIVIST (1869 - 1948), WAS THE PRIMARY LEADER OF INDIA’S INDEPENDENCE MOVEMENT AND ALSO THE ARCHITECT OF A FORM OF NON-VIOLENT CIVIL DISOBEDIENCE THAT WOULD INFLUENCE THE WORLD.
- **“LIFE **SHRINKS OR EXPANDS** IN PROPORTION TO ONE’S COURAGE.”**
ANAIS NIN, JOURNALIST (1903 - 1977), WAS THE AUTHOR OF NOVELS AND SHORT STORIES WHOSE LITERARY REPUTATION RESTS ON EIGHT PUBLISHED VOLUMES OF HER PERSONAL DIARIES. HER WRITING SHOWS THE INFLUENCE OF THE SURREALIST MOVEMENT AND HER STUDY OF PSYCHOANALYSIS UNDER OTTO RANK.
- **“TOO MANY OF US ARE NOT LIVING OUR DREAMS BECAUSE **WE ARE LIVING OUR FEARS.**”**
LES BROWN, AUTHOR (1945 -), IS A FORMER AMERICAN POLITICIAN, TELEVISION HOST AND RADIO DJ, AND RECOGNISED AS ONE OF THE WORLD’S GREATEST MOTIVATIONAL SPEAKERS.
- **“ONE’S **DIGNITY** MAY BE ASSAULTED, VANDALIZED AND CRUELLY MOCKED, BUT IT CAN **NEVER BE TAKEN AWAY** UNLESS IT IS SURRENDERED.”**
MICHAEL J. FOX, ACTOR (1961 -), ROSE TO FAME HAVING STARRED IN “FAMILY TIES” AND “BACK TO THE FUTURE” FILMS. HE CONTINUED ACTING BEING DIAGNOSED WITH PARKINSON’S DISEASE IN 1990S, STARRING IN SERIES LIKE “SPIN CITY”, “THE MICHAEL J. FOX” AND “THE GOOD WIFE.”
- **“I LEARNED THAT COURAGE WAS NOT THE ABSENCE OF FEAR, BUT THE **TRIUMPH** OVER IT. THE BRAVE MAN IS NOT HE WHO DOES NOT FEEL AFRAID, BUT HE WHO **CONQUERS THAT FEAR.**”**
NELSON MANDELA, PRESIDENT (1918 - 2013), BECAME THE FIRST BLACK PRESIDENT OF SOUTH AFRICA IN 1994, SERVING UNTIL 1999. A SYMBOL OF GLOBAL PEACEMAKING, HE WON THE NOBEL PEACE PRIZE IN 1993.

HAPPINESS

- “IF YOU WANT TO LIVE A HAPPY LIFE, TIE IT TO A **GOAL**, NOT TO PEOPLE OR THINGS.”
ALBERT EINSTEIN, PHYSICIST (1879 - 1955), DEVELOPED THE GENERAL THEORY OF RELATIVITY. HE IS CONSIDERED ONE OF THE MOST INFLUENTIAL PHYSICISTS OF THE 20TH CENTURY.
- “HAVE **NO FEAR OF PERFECTION**, YOU’LL NEVER REACH IT.”
SALVADOR DALI, PAINTER (1904 - 1989), SPANISH ARTIST AND SURREALIST, PERHAPS BEST KNOWN FOR HIS PAINTING OF MELTING CLOCKS, THE PERSISTENCE OF MEMORY.
- “WHEN ONE DOOR OF HAPPINESS CLOSES, ANOTHER OPENS, BUT OFTEN WE LOOK SO LONG AT THE CLOSED DOOR THAT **WE DO NOT SEE THE ONE THAT HAS BEEN OPENED FOR US.**”
HELLEN KELLER, EDUCATOR, ACTIVIST (1880 - 1968), OVERCAME THE ADVERSITY OF BEING BLIND AND DEAF TO BECOME ONE OF THE 20TH CENTURY’S LEADING HUMANITARIANS, AS WELL AS CO-FOUNDER OF THE ACLU.
- “IT WAS ONLY A SUNNY SMILE, AND LITTLE IT COST IN THE GIVING, BUT LIKE **MORNING LIGHT** IT SCATTERED THE NIGHT AND **MADE THE DAY WORTH LIVING.**”
F. SCOTT FITZGERALD, AUTHOR (1896 - 1940), KNOWN FOR HIS TURBULENT PERSONAL LIFE AND HIS FAMOUS NOVEL THE GREAT GATSBY.
- “HAPPINESS CAN EXIST ONLY IN **ACCEPTANCE.**”
GEORGE ORWELL, AUTHOR (1903 - 1950), FAMOUS FOR HIS NOVELS “ANIMAL FARM” (1945) AND “NINETEEN EIGHTY-FOUR” (1949).
- “**SURROUND** YOURSELF WITH PEOPLE WHO MAKE YOU HAPPY. PEOPLE WHO MAKE YOU LAUGH, WHO HELP YOU WHEN YOU’RE IN NEED. PEOPLE WHO **GENUINELY CARE.** THEY ARE THE ONES **WORTH KEEPING** IN YOUR LIFE. EVERYONE ELSE IS JUST PASSING THROUGH.”
KARL MARX, PHILOSOPHER (1818 - 1883), PUBLISHED THE COMMUNIST MANIFESTO AND DAS KAPITAL, ANTICAPITALIST WORKS THAT FORM THE BASIS OF MARXISM.
- “A MATHEMATICAL FORMULA FOR HAPPINESS: **REALITY** DIVIDED BY **EXPECTATIONS.** THERE WERE TWO WAYS TO BE HAPPY: IMPROVE YOUR HEALTH OR LOWER YOUR EXPECTATIONS.”
JODI PICOULT, AUTHOR (1966 -), ONE OF THE MOST LAUDED AMERICAN AUTHORS. SHE HAS WRITTEN NEARLY TWO DOZEN NOVELS, SEVERAL OF WHICH HAVE BEEN MADE INTO MOVIES.
- “HAPPINESS IS AN INSIDE JOB. **DON’T ASSIGN ANYONE** ELSE THAT MUCH POWER OVER YOUR LIFE.“
MANDY HALE, AUTHOR (1978 -), AFFECTIONATELY KNOWN AROUND THE WORLD AS “THE SINGLE WOMAN.” IN JUST OVER 3 YEARS, SHE HAS GARNERED A MASSIVE TWITTER FOLLOWING OF A HALF A MILLION PEOPLE FROM ACROSS THE GLOBE.
- “UNTIL YOU ARE HAPPY **WITH WHO YOU ARE.** YOU WILL NEVER BE HAPPY WITH **WHAT YOU HAVE.**“
ZIG ZIGLAR, AUTHOR (1926 - 2012), AN INTERNATIONAL RENOWNED SPEAKER AND AUTHORITY ON HIGH-LEVEL PERFORMANCE, HIS I CAN COURSE IS TAUGHT IN MORE THAN 3,000 SCHOOLS; AND HUNDERS OF COMPANIES AND BUSINESSES UTILIZE HIS VIDEO TRAINING PROGRAMS TO MOTIVATE AND TRAIN THEIR EMPLOYEES EFFECTIVELY.

TRUTH

- **“FIND OUT WHO YOU ARE AND BE THAT PERSON. THAT’S WHAT YOUR SOUL WAS OUT ON THIS EARTH TO BE. FIND THAT TRUTH, LIVE THAT TRUTH AND EVERYTHING ELSE WILL COME.”**
ELLEN DEGENERES, TALK SHOW HOST (1958 -), ONE OF AMERICA’S MOST WELL-KNOWN COMEDIANS, ALSO SERVING AS A PROMINENT GAY/LESBIAN ROLE MODEL.
- **“WHEN YOU ARE SORROWFUL, LOOK AGAIN IN YOUR HEART, AND YOU SHALL SEE THAT IN TRUTH YOU ARE WEeping FOR THAT WHICH HAS BEEN YOUR DELIGHT.”**
KHALIL GIBRAN, POET (1883 - 1931), WROTE THE PROPHET, A BOOK OF POETIC ESSAYS THAT ACHIEVED CULT STATUS AMONG AMERICAN YOUTH.
- **“I PREFER TO BE TRUE TO MYSELF, EVEN AT THE HAZARD OF INCURRING THE RIDICULE OF OTHERS, RATHER THAN TO BE FALSE, AND TO INCUR MY OWN ABHORRENCE.”**
FREDERICK DOUGLASS, FAMED 19TH- CENTURY AUTHOR AND ORATOR (1818 - 1895), WAS AN EMINENT HUMAN RIGHTS LEADER IN THE ANTI-SLAVERY MOVEMENT AND THE FIRST AFRICAN-AMERICAN CITIZEN TO HOLD A HIGH U.S. GOVERNMENT RANK.
- **“LET US DREAM OF TOMORROW WHERE WE CAN TRULY LOVE FROM THE SOUL, AND KNOW LOVE AS THE ULTIMATE TRUTH AT THE HEART OF ALL CREATION.”**
MICHAEL JACKSON, SINGER (1958 - 2009), ENJOYED A CHART-TOPPING CAREER BOTH WITH THE JACKSON 5 AND AS A SOLO ARTIST. HE RELEASED THE BEST-SELLING ALBUM IN HISTORY, “THRILLER” IN 1982.
- **“THE ONLY PASSION THAT GUIDES ME IS FOR THE TRUTH... I LOOK AT EVERYTHING FROM THIS POINT OF VIEW.”**
CHE GUEVARA, MILITARY LEADER (1928 - 1967), WAS A MARXIST REVOLUTIONARY ALLIED WITH FIDEL CASTRO DURING THE CUBAN REVOLUTION.
- **“TRUTH IS, I’LL NEVER KNOW ALL THERE IS TO KNOW ABOUT YOU JUST AS YOU WILL NEVER KNOW ALL THERE IS TO KNOW ABOUT ME. HUMANS ARE BY NATURE TOO COMPLICATED TO BE UNDERSTOOD FULLY. SO, WE CAN CHOOSE EITHER TO APPROACH THEM WITH AN OPEN MIND, A DASH OF OPTIMISM AND A GREAT DEAL OF CANDOUR.”**
TOM HANKS, ACTOR (1956 -), IS THE MUCH-BELOVED STAR OF SUCH HOLLYWOOD HITS AS “BIG”, “FOREST GUMP”, “APPOLO 13”, “TOY STORY” AND MANY MORE.
- **“SOME PEOPLE THINK THAT THE TRUTH CAN BE HIDDEN WITH A LITTLE COVER-UP AND DECORATION. BUT AS TIME GOES BY, WHAT IS TRUE IS REVEALED, AND WHAT IS FAKE FADES AWAY.”**
ISMAIL HANIYEH , SENIOR POLITICAL LEADER OF HAMAS (1962 -), DESPITE BEING DISMISSED AS PRIME MINISTER IN 2007, HE HAS CONTINUED TO HAVE PRIME MINISTERIAL AUTHORITY IN THE GAZA STRIP.
- **“I HAVE ALWAYS BEEN A MAN WHO TRIES TO FACE FACTS, AND TO ACCEPT THE REALITY OF LIFE AS NEW EXPERIENCE AND NEW KNOWLEDGE UNFOLDS. I HAVE ALWAYS KEPT AN OPEN MIND, A FLEXIBILITY THAT MUST GO HAND IN HAND WITH EVERY FORM OF THE INTELLIGENT SEARCH FOR TRUTH.”**
MALCOLM X, CIVIL RIGHTS ACTIVIST (1925 - 1965), AFRICAN-AMERICAN LEADER AND PROMINENT FIGURE IN THE NATION OF ISLAM, HE ARTICULATED CONCEPTS OF RACE PRIDE AND BLACK NATIONALISM IN 1950S AND 60S.
- **“HONESTY IS A VERY EXPENSIVE GIFT. DO NOT EXPECT IT FROM CHEAP PEOPLE.”**
WARREN BUFFET, BUSINESS LEADER (1930 -), KNOWN AS THE “ORACLE OF OMAHA”, IS AN INVESTMENT GURU AND ONE OF THE RICHEST BUSINESSMAN IN THE WORLD.
- **“TRUTH CAN BE STATED IN A THOUSAND DIFFERENT WAYS, YET EACH ONE CAN BE TRUE.”**
SWAMI VIVEKANANDA, INDIAN HINDU MONK (1863 - 1902), KEY FIGURE IN THE INTRODUCTION OF THE INDIAN PHILOSOPHIES OF VEDANTA AND YOGA TO THE WESTERN WORLD.

RESPECT

- **“KNOWLEDGE WILL GIVE YOU POWER, BUT CHARACTER RESPECT.”**
BRUCE LEE, FILM ACTOR (1940 - 1973), REVERED MARTIAL ARTIST AND FILMMAKER KNOWN FOR MOVIES LIKE “FIST OF FURY” AND “ENTER THE DRAGON”, AND THE TECHNIQUE JEET KUNE DO.
- **“RESPECT FOR OURSELVES GUIDES OUR MORALS, RESPECT FOR OTHERS GUIDES OUR MANNERS.”**
LAURENCE STERNE, IRISH NOVELIST (1713 - 1768), WROTE THE NOVELS “THE LIFE AND OPINIONS OF TRISTRAM SHANDY”, “GENTLEMAN AND A SENTIMENTAL JOURNEY THROUGH FRANCE AND ITALY” AND ALSO PUBLISHED MANY SERMONS, WROTE MEMOIRS, AND WAS INVOLVED IN LOCAL POLITICS.
- **“RESPECT YOUR EFFORTS, RESPECT YOURSELF. SELF-RESPECT LEADS TO SELF-DISCIPLINE. WHEN YOU HAVE BOTH FIRMLY UNDER YOUR BELT, THAT’S REAL POWER.”**
CLINT EASTWOOD, ACTOR AND DIRECTOR (1930 -), MADE HIS NAME AS A POPULAR TV AND FILM ACTOR, AND WENT ON TO BECOME THE ACADEMY AWARD-WINNING DIRECTOR OF SUCH FEATURES AS “UNFORGIVEN” AND “MILLION DOLLAR BABY.”
- **“WE LEARNED ABOUT GRATITUDE AND HUMILITY - THAT SO MANY PEOPLE HAD A HAND IN OUR SUCCESS, FROM THE TEACHERS WHO INSPIRED US TO THE JANITORS WHO KEPT OUR SCHOOL CLEAN... AND WE WERE TAUGHT TO VALUE EVERYONE’S CONTRIBUTION AND TREAT EVERYONE WITH RESPECT.”**
MICHELLE OBAMA, U.S. FIRST LADY (1964 -), WIFE OF FORMER U.S. PRESIDENT BARACK OBAMA. PRIOR TO HER ROLE AS FIRST LADY, SHE WAS A LAWYER, CHICAGO CITY ADMINISTRATOR AND COMMUNITY-OUTREACH WORKER.
- **“BE A WARRIOR WHEN IT COMES TO DELIVERING YOUR AMBITIONS. AND A SAINT WHEN IT COMES TO TREATING PEOPLE WITH RESPECT, MODELLING GENEROSITY, AND SHOWING UP WITH OUTRIGHT LOVE.”**
ROBIN SHARMA, MOTIVATIONAL SPEAKER (?), WORKED AS A LITIGATION LAWYER UNTIL AGE 25, WHEN HE SELF-PUBLISHED MEGALIVING (1994), A BOOK ON STRESS MANAGEMENT AND SPIRITUALITY. HE INITIALLY ALSO SELF-PUBLISHED “THE MONK WHO SOLD HIS FERRARI,” WHICH AS THEN PICKED UP FOR WIDER DISTRIBUTION.
- **“BE LOYAL TO THOSE WHO ARE LOYAL TO YOU AND RESPECT EVERYONE, EVEN YOUR ENEMIES AND COMPETITION.”**
JOHN CENA, FILM ACTOR (1977 -), IS A PROFESSIONAL WRESTLER THAT TOOK HOME THE UNITED STATES WWE CHAMPIONSHIP, DEFEATING THE BIG SHOW IN MARCH 2004 IN WRESTLEMANIA XX.
- **“YOU CANNOT LIVE TO PLEASE EVERYONE ELSE. YOU HAVE TO EDIFY, EDUCATE AND FULFILL YOUR OWN DREAMS AND DESTINY, AND HOPE THAT WHATEVER YOUR ART IS THAT YOU’RE PUTTING OUT THERE, IF IT’S RECEIVED, GREAT I RESPECT YOU FOR RECEIVING IT. IF IT’S NOT RECEIVED, GREAT, I RESPECT YOU FOR NOT.”**
OCTAVIA SPENCER, ACTRESS (1972 -), ROSE TO FAME WITH HER AWARD-WINNING PERFORMANCE IN 2011’S “THE HELP.”
- **“DON’T EVER KNOW WHO YOU MAY MEET, OR JUST BECAUSE A PERSON MAY NOT BE DRESSED UP ALL FANCY, DON’T MEAN THEY’RE NOT AN IMPORTANT PERSON. YOU JUST DON’T EVER KNOW WHO YOU’RE GONNA MEET IN LIFE. SO THAT’S WHY I LOOK AT EVERYBODY AS EQUAL. CAN’T JUST JUDGE. I TREAT EVERYBODY WITH RESPECT. EVERY MAN.”**
FLOYD MAYWEATHER JR., BOXER (1977 -), ONE OF THE BEST POUND-FOR-POUND FIGHTERS IN HISTORY, HAS WON CHAMPIONSHIPS ACROSS FIVE WEIGHT DIVISIONS.
- **“TRUST AND RESPECT IS SOMETHING YOU EARN, NOT SOMETHING THAT IS GIVEN.”**
BILLY JEAN KING, TENNIS PLAYER (1943 -), BROKE DOWN BARRIERS BY PUSHING FOR EQUAL PRIZE MONEY FOR WOMEN AND BECOMING ONE OF THE FIRST WELL-KNOWN OPENLY GAY ATHLETES.

OPPORTUNITIES

- “IN MY EXPERIENCE, POOR PEOPLE ARE THE WORLD’S GREATEST ENTREPRENEURS. EVERY DAY, THEY MUST INNOVATE IN ORDER TO SURVIVE. THEY REMAIN **POOR** BECAUSE THEY DO NOT HAVE THE **OPPORTUNITIES** TO TURN THEIR CREATIVITY INTO **SUSTAINABLE INCOME**.”
MUHAMMAD YUNUS, ECONOMIST (1940 -), WON THE 2006 NOBEL PEACE PRIZE FOR FOUNDING THE GRAMEEN BANK, WHICH PROVIDES POOR BANGLADESHIS WITH MICRO LOANS AND CREDIT.
- “DON’T WAIT FOR THE RIGHT OPPORTUNITY, **CREATE IT**.”
GEORGE BERNARD SHAW, AUTHOR (1856 - 1950), IRISH PLAYWRIGHT WHO WROTE MORE THAN 60 PLAYS DURING HIS LIFETIME AND WAS AWARDED THE NOBEL PRIZE IN LITERATURE IN 1925.
- “YOUR LIFE DOES NOT GET BETTER BY **CHANGE**, IT GETS BETTER BY **CHANGE**.”
JIM ROHN, MOTIVATIONAL SPEAKER (1930 - 2009), INTERNATIONALLY HONORED AS ONE OF THE MOST INFLUENTIAL THINKERS. HIS PROFOUND BUSINESS PHILOSOPHY, VISIONARY INSIGHT, AND MOTIVATIONAL MESSAGES HAVE MADE HIM A POPULAR SPEAKER, WRITER, AND COUNSELOR.
- “EXPECT CHANGE. ANALYZE THE LANDSCAPE. TAKE THE OPPORTUNITIES. **STOP BEING THE CHESS PIECE; BECOME THE PLAYER**. IT’S YOUR MOVE.”
TONY ROBBINS, MOTIVATIONAL SPEAKER (1960 -), WRITTEN POPULAR SELF-HELP BOOKS AND HAS WORKED WITH MANY PUBLIC FIGURES.
- “IF SOMEBODY OFFERS YOU AN AMAZING OPPORTUNITY BUT YOU ARE NOT SURE YOU CAN DO IT, **SAY YES - THEN LEARN HOW TO DO IT LATER**.”
RICHARD BRANSON, ENTREPRENEUR (1950 -), LAUNCHED VIRGIN RECORDS IN THE EARLY 1970S, EVENTUALLY BUILDING HIS BUSINESS INTO THE MULTINATIONAL VIRGIN GROUP.
- “EMBRACE EACH **CHALLENGE** IN YOUR LIFE AS AN **OPPORTUNITY** FOR SELF-TRANSFORMATION.”
BERNIE S. SIEGEL, WRITER AND RETIRED PEDIATRIC SURGEON (1932 -), BEST KNOWN FOR HIS BEST-SELLING BOOK LOVE, MEDICINE AND MIRACLES.
- “WHATEVER MAKES YOU **UNCOMFORTABLE** IS YOUR BIGGEST OPPORTUNITY FOR **GROWTH**.”
BRYANT MCGILL, BEST-SELLING AUTHOR (?), ONE OF THE WORLD’S TOP SOCIAL MEDIA INFLUENCERS REACHING A BILLION PEOPLE A YEAR. HIS PROLIFIC WRITINGS HAVE BEEN PUBLISHED IN THOUSANDS OF BOOKS AND PUBLICATIONS.
- “**EMBRACE FAILURE**. MISSTEPS AND ROADBLOCKS ARE INEVITABLE BUT ARE ULTIMATELY AN OPPORTUNITY TO LEARN, PIVOT, AND GO AFTER YOUR GOALS WITH **NEW PERSPECTIVE**.”
JENNIFER FLEISS, CO-FOUNDER OF RENT THE RUNWAY (?), A BUSINESS THAT HAS TRANSFORMED THE RETAIL INDUSTRY BY MAKING DESIGNER DRESS AND ACCESORY RENTALS A CONVENIENT AND ACCESSIBLE LUXURY EXPERIENCE FOR MILLIONS OF WOMEN.
- “**FAILURE** IS SIMPLY THE **OPPORTUNITY TO BEGIN AGAIN**, THIS TIME MORE INTELLIGENTLY.”
HENRY FORD, INDUSTRIALIST (1863 - 1947), REVOLUTIONIZED ASSEMBLY-LINE MODES OF PRODUCTION FOR THE AUTOMOBILE.

PERSEVERANCE

- **“I HAVE A DREAM.”**
MARTIN LUTHER KING JR., CIVIL RIGHTS ACTIVIST (1929 - 1968), WAS A BAPTIST MINISTER , WHO LED THE CIVIL RIGHTS MOVEMENT IN THE UNITED STATES FROM THE MID 1950S UNTIL HIS DEATH BY ASSASSINATION IN 1968.
- **“THE KEY TO SUCCESS IS ACTION, AND THE ESSENTIAL IN ACTION IS PERSEVERANCE.”**
SUN YAT-SEN, FOUNDING FATHER OF THE REPUBLIC OF CHINA (1866 - 1925), REFERRED TO AS THE “FATHER OF THE NATION” AND PLAYED AN INSTRUMENTAL ROLE IN THE OVERTHROW OF THE QING DYNASTY.
- **“PERSEVERANCE IS FAILING 19 TIMES AND SUCCEEDING THE 20TH.”**
JULIE ANDREWS, SINGER (1935 -), OSCAR-WINNING ACTRESS AND SINGER FAMOUS FOR HER ROLES IN “MARY POPPINS” AND “THE SOUND OF MUSIC.”
- **“I DO NOT THINK THAT THERE IS ANY OTHER QUALITY SO ESSENTIAL TO SUCCESS OF ANY KIND AS THE QUALITY OF PERSEVERANCE. IT OVERCOMES ALMOST EVERYTHING, EVEN NATURE.”**
JOHN D. ROCKEFELLER, ENTREPRENEUR (1839 - 1937), WAS THE HEAD OF THE STANDARD OIL COMPANY AND ONE OF THE WORLD’S RICHEST MEN. HE USED HIS FORTUNE TO FUND ONGOING PHILANTHROPIC CAUSES.
- **“NO ONE SUCCEEDS WITHOUT EFFORT... THOSE WHO SUCCEED OWE THEIR SUCCESS TO PERSEVERANCE.”**
RAMANA MAHARSHI, HINDU SAGE (1879 - 1950), APPROVED A NUMBER OF PATHS AND PRACTICES, BUT RECOMMENDED SELF-ENQUIRY AS THE PRINCIPAL MEANS TO REMOVE IGNORANCE AND ABIDE IN SELF-AWARENESS, TOGETHER WITH BHAKTI OR SURRENDER TO THE SELF.
- **“NEVER GIVE UP. TODAY IS HARD, TOMORROW WILL BE WORSE, BUT THE DAY AFTER TOMORROW WILL BE SUNSHINE.”**
JACK MA, CHINESE BUSINESS MAGNATE (1964 -), CO-FOUNDED AND EXECUTIVE CHAIRMAN OF ALIBABA GROUP, A MULTINATIONAL TECHNOLOGY CONGLOMERATE.
- **“BELIEVE THE UNBELIEVABLE, DREAM THE IMPOSSIBLE, NEVER TAKE NO FOR AN ANSWER.”**
TONY FERNANDES, MALAYSIAN ENTREPRENEUR (1964 -), FOUNDER OF TUNE AIR SDN BHD., WHO INTRODUCED THE FIRST BUDGET NO-FRILLS AIRLINE, AIRASIA, TO MALAYSIANS WITH THE TAGLINE “NOW EVERYONE CAN FLY.”
- **“IN GENERAL, ANY FORM OF EXERCISE, IF PURSUED CONTINUOUSLY, WILL HELP TRAIN US IN PERSEVERANCE. LONG-DISTANCE RUNNING IS PARTICULARLY GOOD TRAINING IN PERSEVERANCE.”**
MAO TSE-TUNG, MILITARY LEADER (1893 - 1976), WAS THE PRINCIPAL CHINESE MARXIST THEORIST, SOLDIER AND STATESMAN WHO LED HIS NATION’S CULTURAL REVOLUTION.
- **“I HATED EVERY MINUTE OF TRAINING, BUT I SAID, “DON’T QUIT. SUFFER NOW AND LIVE THE REST OF YOUR LIFE AS A CHAMPION”.”**
MUHAMMAD ALI, BOXER (1942 - 2016), ARGUABLY BOXING’S MOST CELEBRATED ATHLETE, HEAVYWEIGHT CHAMPION KNOWN FOR HIS PUBLIC STANCE AGAINST THE VIETNAM WAR AND HIS LONGTIME BATTLE WITH PARKINSON’S DISEASE.
- **“ONE DAY, IN RETROSPECT, THE YEARS OF STRUGGLE WILL STRIKE YOU AS THE MOST BEAUTIFUL.”**
SIGMUND FREUD, PSYCHIATRIST (1856 - 1939), AUSTRIAN NEUROLOGIST BEST KNOWN FOR DEVELOPING THE THEORIES AND TECHNIQUES OF PSYCHOANALYSIS.

REGRET

- “TWENTY YEARS FROM NOW YOU WILL BE MORE DISAPPOINTED BY **THE THINGS THAT YOU DIDN'T DO** THAN BY THE ONES YOU DID DO.”
MARK TWAIN, WRITER (1835 - 1910), WROTE THE CLASSIC AMERICAN NOVELS “THE ADVENTURES OF TOM SAWYER” AND “ADVENTURES OF HUCKLEBERRY FINN.”
- “LIFE IS TOO SHORT, TIME IS TOO PRECIOUS, AND THE STAKES ARE TOO HIGH TO **DWELL ON WHAT MIGHT HAVE BEEN.**”
HILLARY CLINTON, U.S. FIRST LADY (1947 -), BECAME THE FIRST WOMAN IN U.S. HISTORY TO BECOME THE PRESIDENTIAL NOMINEE OF A MAJOR POLITICAL PARTY.
- “ONE DOESN'T RECOGNIZE THE REALLY IMPORTANT MOMENTS IN ONE'S LIFE **UNTIL IT'S TOO LATE.**”
AGATHA CHRISTIE, AUTHOR (1890 - 1976), WAS A MYSTERY WRITER WHO WAS ONE OF THE WORLD'S TOP-SELLING AUTHORS WITH WORKS LIKE “MURDER ON THE ORIENT EXPRESS” AND “THE MYSTERY OF THE BLUE TRAIN.”
- “**DO NOT BROOD** OVER YOUR PAST MISTAKES AND FAILURES AS THIS WILL ONLY FILL YOUR MIND WITH GRIEF, REGRET AND DEPRESSION. **DO NOT REPEAT THEM IN THE FUTURE**”
SIVANANDA SARASWATI, HINDU SPIRITUAL TEACHER (1887 - 1963), FOUNDER OF THE DIVINE LIFE SOCIETY (DLS) IN 1936, YOGA-VEDANTA FOREST ACADEMY (1948) AND AUTHOR OF OVER 200 BOOKS ON YOGA, VEDANTA AND A VARIETY OF SUBJECTS.
- “I'VE MADE A LOT OF MISTAKES AND I **DON'T REGRET** ANY OF THEM. SOMETIMES THAT'S **THE ONLY WAY YOU LEARN.**”
NICK NOLTE, ACTOR (1941 -), KNOWN FOR HIS 1980S FILMS SUCH AS 48 HOURS, DOWN AND OUT IN BEVERLY HILLS, AND THE PRINCE OF TIDES.
- “I'VE TONS OF REGRETS, BUT I THINK THAT'S ONE OF THE REASONS **THAT PUSH PEOPLE TO CREATE THINGS.** OUT OF THEIR ANGST, THEIR REGRET, COMES THE BEST FROM ARTISTS, PAINTERS AND WRITERS.”
SYLVESTER STALLONE, ACTOR (1946 -), ONE OF THE MOST POPULAR ACTION STARS IN CINEMATIC HISTORY, BEST KNOWN FOR PORTRAYING BOXER ROCKY BALBOA AND VIETNAM WAR VETERAN JOHN RAMBO.
- “SPEAK WHEN YOU ARE ANGRY - AND YOU'LL MAKE THE **BEST SPEECH YOU'LL EVER REGRET.**”
LAURENCE J. PETER, CANADIAN EDUCATOR (1919 - 1990), BEST KNOWN TO THE GENERAL PUBLIC FOR THE FORMULATION OF THE PETER PRINCIPLE.
- “AT THE END OF YOUR LIFE, YOU WILL NEVER REGRET NOT HAVING PASSED ONE MORE TEST, NOT WINNING ONE MORE VERDICT OR NOT CLOSING ONE MORE DEAL. YOU WILL **REGRET TIME NOT SPENT** WITH A HUSBAND, A FRIEND, A CHILD, OR A PARENT.”
BARBARA BUSH, WIFE OF PRESIDENT GEORGE H.W. BUSH AND MOTHER OF PRESIDENT GEORGE W. BUSH (1925 - 2018), FOUNDED THE BARBARA BUSH FOUNDATION FOR FAMILY LITERACY.
- “LET'S GO **INVEST TOMORROW** RATHER THAN WORRYING ABOUT WHAT HAPPENED YESTERDAY.”
STEVE JOBS, INVENTOR (1955 - 2011), CO-FOUNDED APPLE COMPUTERS WITH STEVE WOZNIAK. UNDER JOBS' GUIDANCE, THE COMPANY PIONEERED A SERIES OF REVOLUTIONIZED TECHNOLOGIES, INCLUDING THE IPHONE AND IPAD.

FORGIVENESS

- **“IT IS JUST AS NECESSARY TO FORGIVE OURSELVES AS IT IS TO FORGIVE OTHERS, AND THE PRINCIPAL REASON WHY FORGIVENESS SEEMED SO DIFFICULT IS BECAUSE WE HAVE NEGLECTED TO FORGIVE OURSELVES.”**
CHRISTIAN D. LARSON, AMERICAN NEW THOUGHT LEADER (1866 - 1955), PROLIFIC AUTHOR OF METAPHYSICAL AND NEW THOUGHTS BOOKS.
- **“WE THINK THAT FORGIVENESS IS WEAKNESS, BUT IT’S ABSOLUTELY NOT. IT TAKES A VERY STRONG PERSON TO FORGIVE.”**
T.D. JAKES, PASTOR (1957 -), PASTOR OF THE POTTER’S HOUSE, A NONDENOMINATIONAL AMERICAN MEGACHURCH.
- **“HOLDING A GRUDGE DOESN’T MAKE YOU STRONG; IT MAKES YOU BITTER. FORGIVING DOESN’T MAKE YOU WEAK; IT SETS YOU FREE.”**
DAVE WILLIS, VOICE ACTOR (1970 -), BEST KNOWN AS THE CO-CREATOR OF THE ADULT SWIM ANIMATED SERIES AQUA TEEN HUNGER FORCE AND SQUIDBILLIES.
- **“INNER PEACE CAN BE REACHED ONLY WHEN WE PRACTICE FORGIVENESS. FORGIVENESS IS LETTING GO OF THE PAST, AND IS THEREFORE THE MEANS FOR CORRECTING OUR MISPERCEPTIONS.”**
GERALD G. JAMPOLSKY, PSYCHIATRIST (1925 -), FOUNDED THE FIRST CENTER FOR ATTITUDINAL HEALING, NOW A WORLDWIDE NETWORK WITH INDEPENDENT CENTERS IN OVER THIRTY COUNTRIES.
- **“HATE IS SELF-DESTRUCTIVE. IF YOU HATE SOMEBODY, YOU’RE NOT HURTING THE PERSON YOU HATE. YOU’RE HURTING YOURSELF. AND THAT’S A HEALING. ACTUALLY, IT’S A REAL HEALING, FORGIVENESS.”**
LOUIS ZAMPERINI, FIELD ATHLETE (1917 - 2014), WAS A WORLD WAR II PRISONER OF WAR, AN OLYMPIC ATHLETE AND AN INSPIRATIONAL FIGURE AND WRITER.
- **“THE MOST IMPORTANT THING THAT I LEARNED IN GROWING UP IS THAT FORGIVENESS IS SOMETHING THAT, WHEN YOU DO IT, YOU FREE YOURSELF TO MOVE ON.”**
TYLER PERRY, FILMMAKER (1969 -), HAS BUILT AN ENTERTAINMENT EMPIRE THAT CONSIST OF SUCCESSFUL FILMS, PLAYS AND A BEST-SELLING BOOK.
- **“FORGIVENESS FOR ONE’S SELF IS THE ONLY WAY WE CAN KEEP GOING THROUGH LIFE AND GIVE OURSELVES THE BEST CHANCE AT BEING THE BEST PEOPLE WE CAN BE.”**
YOLANDA HADID, DUTCH-AMERICAN TV PERSONALITY (1964 -), BEST KNOWN AS A STAR OF THE AMERICAN REALITY-TELEVISION NETWORK.
- **“WITHOUT FORGIVENESS, THERE’S NO FUTURE.”**
DESMOND TUTU, ARCHBISHOP (1931 -), RENOWNED SOUTH AFRICAN ANGLICAN CLERIC KNOWN FOR HIS STAUNCH OPPOSITION TO THE POLICIES OF APARTHEID..
- **“THE STUPID NEITHER FORGIVE NOR FORGET; THE NAÏVE FORGIVE AND FORGET; THE WISE FORGIVE BUT DO NOT FORGET.”**
THOMAS SZASZ, PSYCHIATRIST (1920 - 2012), BEST KNOWN AS A SOCIAL CRITIC OF THE MORAL AND SCIENTIFIC FOUNDATIONS OF PSYCHIATRY, AS WHAT HE SAW AS THE SOCIAL CONTROL AIMS OF MEDICINE IN MODERN SOCIETY, AS WELL AS SCIENTISM.
- **“I FORGIVE, BUT I ALSO LEARN A LESSON. I WON’T HATE YOU, BUT I’LL NEVER GET CLOSE ENOUGH FOR YOU TO HURT ME AGAIN. I CAN’T LET MY FORGIVENESS BECOME FOOLISHNESS.”**
TONY GASKINS, MOTIVATIONAL SPEAKER (1984 -), MOST WELL-KNOWN FOR HIS LOVE AND RELATIONSHIP ADVICE FOR MEN WHICH HAS GARNERED HIM A LARGE FACEBOOK, INSTAGRAM AND TWITTER FOLLOWING.

LOVE

- **“SPREAD LOVE EVERYWHERE YOU GO: FIRST OF ALL IN YOUR OWN HOUSE. LET NO ONE EVER COME TO YOU WITHOUT LEAVING HAPPIER.”**
MOTHER TERESA, SAINT (1910 - 1997), WAS THE FOUNDER OF THE ORDER OF THE MISSIONARIES OF CHARITY, A ROMAN CATHOLIC CONGREGATION OF WOMEN DEDICATED TO HELPING THE POOR. CONSIDERED ONE OF THE 20TH CENTURY’S GREATEST HUMANITARIANS, CANONIZED AS SAINT TERESA OF CALCUTTA IN 2016.
- **“LOVE IS WHEN THE OTHER PERSON’S HAPPINESS IS MORE IMPORTANT THAN YOUR OWN.”**
H. JACKSON BROWN JR., AUTHOR (1940 -), BEST KNOWN FOR HIS INSPIRATIONAL BOOK, “LIFE’S LITTLE INSTRUCTION BOOK,” WHICH WAS A NEW YORK TIMES BESTSELLER (1991 - 1994).
- **“THE GREATEST GIFT THAT YOU CAN GIVE TO OTHERS IS THE GIFT OF UNCONDITIONAL LOVE AND ACCEPTANCE.”**
BRIAN TRACY, MOTIVATIONAL SPEAKER (1944 -), AUTHOR OF OVER 70 BOOKS THAT HAVE BEEN TRANSLATED INTO DOZENS OF LANGUAGES. HIS POPULAR BOOKS ARE “EARN WHAT YOU’RE REALLY WORTH”, “EAT THAT FROG!” AND THE PSYCHOLOGY OF ACHIEVEMENT.
- **“LOVE ONE ANOTHER AND HELP OTHERS TO RISE TO THE HIGHER LEVELS, SIMPLY BY POURING OUT LOVE. LOVE IS INFECTIOUS AND THE GREATEST HEALING ENERGY.”**
SATHYA SAI BABA, INDIAN GURU AND SPIRITUAL GURU (1926 - 2011), FOUNDED THE SATHYA SAI ORGANISATION “TO ENABLE ITS MEMBERS TO UNDERTAKE SERVICE ACTIVITIES AS MEANS TO SPIRITUAL ADVANCEMENT.”
- **“THROUGHOUT LIFE PEOPLE WILL MAKE YOU MAD, DISRESPECT YOU AND TREAT YOU BAD.. LET GOD DEAL WITH THE THINGS THEY DO, CAUSE HATE IN YOUR HEART WILL CONSUME YOU TOO.”**
WILL SMITH, ACTOR (1968 -), TRANSITIONED FROM SUCCESSFUL RAPPER TO HOLLYWOOD A-LISTER, STARRING ON “THE FRESH PRINCE OF BEL-AIR” BEFORE HEADLING SUCH FILMS AS “INDEPENDENCE DAY”, “MEN IN BLACK” AND “ALI”.
- **“YOU CAN ONLY HATE SOMEONE WHOM YOU HAVE THE CAPACITY TO LOVE, BECAUSE IF YOU ARE REALLY INDIFFERENT, YOU CANNOT EVEN GET UP ENOUGH ENERGY TO HATE HIM.”**
SRI CHINMOY, INDIAN SPIRITUAL LEADER (1931 - 2007), ESTABLISHED HIS FIRST MEDITATION CENTER IN QUEENS, NEW YORK, AND EVENTUALLY HAD 7,000 STUDENTS IN 60 COUNTRIES. ADVOCATED A SPIRITUAL PATH TO GOD THROUGH PRAYER AND MEDITATION.
- **“IF YOU LOVE SOMEONE, SET THEM FREE. IF THEY COME BACK THEY’RE YOURS; IF THEY DON’T THEY NEVER WERE.”**
RICHARD BACH, WRITER (1936 -), WIDELY KNOWN FOR SOME OF THE 1970S BIGGEST SELLERS, INCLUDING “JONATHAN LIVINGSTON SEAGULL.”
- **“THE GOOD LIFE IS ONE INSPIRED BY LOVE AND GUIDED BY KNOWLEDGE.”**
BERTRAND RUSSELL, PHILOSOPHER (1872 - 1970), BEST KNOWN FOR HIS POLITICAL ACTIVISM AND ALTERCATIONS WITH THE BRITISH GOVERNMENT.
- **“ALL, EVERYTHING THAT I UNDERSTAND, I UNDERSTAND ONLY BECAUSE I LOVE.”**
LEO TOLSTOY, AUTHOR (1828 - 1910), WROTE THE ACCLAIMED NOVELS “WAR AND PEACE”, “ANNA KARENINA” AND “THE DEATH OF IVAN ILYICH” AND RANKS AMONG THE WORLD’S TOP WRITERS.
- **“NOTHING CAN BRING A REAL SENSE OF SECURITY INTO THE HOME EXCEPT TRUE LOVE.”**
BILLY GRAHAM, EVANGELIST (1918 - 2018), WAS AN EVANGELIST AT REVIVAL MEETINGS, AND ON RADIO AND TELEVISION FOR OVER 40 YEARS.

MINDSET

- **“DOING THE BEST AT THIS MOMENT PUTS YOU IN THE BEST PLACE FOR THE NEXT MOMENT.”**
OPRAH WINFREY, TALK SHOW HOST (1954 -), BILLIONAIRE MEDIA GIANT AND PHILANTHROPIST, BEST KNOWN FOR HOSTING HER OWN INTERNATIONALLY POPULAR TALK SHOW FROM 1986 TO 2011. FROM THERE, SHE LAUNCHED HER OWN TELEVISION NETWORK, OWN.
- **“BE YOURSELF; EVERYONE ELSE IS ALREADY TAKEN.”**
OSCAR WILDE, WRITER (1854 - 1900), WAS KNOWN FOR HIS ACCLAIMED WORKS INCLUDING “THE PICTURE OF DORIAN GRAY” AND “THE IMPORTANCE OF BEING EARNEST”, AS WELL AS HIS BRILLIANT WIT, FLAMBOYANT STYLE AND INFAMOUS IMPRISONMENT FOR HOMOSEXUALITY.
- **“GREAT MINDS DISCUSS IDEAS; AVERAGE MINDS DISCUSS EVENTS.”**
- **“REMEMBER NO ONE CAN MAKE YOU FEEL INFERIOR WITHOUT YOUR CONSENT.”**
ELEANOR ROOSEVELT, U.S. FIRST LADY (1884 - 1962), THE WIFE OF PRESIDENT FRANKLIN D. ROOSEVELT, CHANGED THE ROLE OF THE FIRST LADY THROUGH HER ACTIVE PARTICIPATION IN AMERICAN POLITICS.
- **“THE MIND IS EVERYTHING. WHAT YOU THINK YOU BECOME.”**
- **“DO NOT DWELL IN THE PAST, DO NOT DREAM OF THE FUTURE, CONCENTRATE THE MIND ON THE PRESENT MOMENT.”**
BUDDHA, RELIGIOUS FIGURE (C. 600 BCE - C. 300 BCE), WAS A SPIRITUAL LEADER AND TEACHER WHOSE LIFE SERVES AS THE FOUNDATION OF THE BUDDHIST RELIGION.
- **“THE BATTLES THAT COUNT AREN'T THE ONES FOR GOLD MEDALS. THE STRUGGLES WITHIN YOURSELF - THE INVISIBLE BATTLES INSIDE ALL OF US - THAT'S WHERE IT'S AT”**
JESSE OWENS, TRACK AND FIELD ATHLETE (1913 - 1980), WAS AN AMERICAN TRACK-AND-FIELD ATHLETE WHO WON FOUR GOLD MEDALS AT THE 1936 BERLIN OLYMPIC GAMES. HIS LONG JUMP WORLD RECORD STOOD FOR 25 YEARS.
- **“IT DOES NOT MATTER HOW SLOWLY YOU GO AS LONG AS YOU DO NOT STOP”**
CONFUCIOUS, PHILOSOPHY (C. 551 BCE - 479 BCE), INFLUENTIAL CHINESE PHILOSOPHER, TEACHER AND POLITICAL FIGURE KNOWN FOR HIS POPULAR APHORISMS AND FOR HIS MODELS OF SOCIAL INTERACTION.
- **“THE ONLY PERSON YOU ARE DESTINED TO BECOME IS THE PERSON YOU DECIDE TO BE”**
RALPH WALDO EMERSON, PHILOSOPHER (1803 - 1882), WAS AN AMERICAN TRANSCENDENTALIST POET, PHILOSOPHER AND ESSAYIST DURING THE 19TH CENTURY. ONE OF HIS BEST-KNOWN ESSAYS IS “SELF-RELIANCE.”

LIFE

- **“ONLY I CHANGE MY LIFE. NO ONE CAN DO IT FOR ME”**
CAROL BURNETT, ACTRESS (1933 -), BELOVED COMEDIAN AND ACTRESS WHO HAD A LONG-RUNNING SKETCH AND VARIETY SHOW, “THE CAROL BURNETT SHOW,” IN THE 1960S AND ‘70S.
- **“DEATH IS NOT THE GREATEST LOSS IN LIFE. THE GREATEST LOSS IS WHAT DIES INSIDE US WHILE WE LIVE.”**
NORMAN COUSINS, AMERICAN POLITICAL JOURNALIST (1915 - 1990), ALSO AN AUTHOR, PROFESSOR AND WORLD PEACE ADVOCATE.
- **“IT’S ALL ABOUT QUALITY OF LIFE AND FINDING A HAPPY BALANCE BETWEEN WORK AND FRIENDS AND FAMILY.”**
PHILIP GREEN, BRITISH BUSINESSMAN (1952 -), CHAIRMAN OF ARCADIA GROUP, A RETAIL COMPANY THAT INCLUDES TOPSHOP, TOPMAN, WALLIS, EVANS, BURTON, MISS SELFRIDGE, DOROTHY PERKINS, AND OUTFIT.
- **“SUCCESSFUL PEOPLE MAINTAIN A POSITIVE FOCUS IN LIFE NO MATTER WHAT IS GOING ON AROUND THEM. THEY STAY FOCUSED ON THEIR PAST SUCCESSES RATHER THAN THEIR PAST FAILURES, AND ON THE NEXT ACTION STEPS THEY NEED TO TAKE TO GET THEM CLOSE TO THE FULFILMENT OF THEIR GOALS RATHER THAN ALL THE OTHER DISTRACTIONS THAT LIFE PRESENT TO THEM.”**
JACK CANFIELD, AUTHOR (1944 -), CO-AUTHOR OF THE CHICKEN SOUP FOR THE SOUL SERIES, WHICH HAS MORE THAN 2500 TITLES AND 500 MILLION COPIES IN PRINT IN OVER 40 LANGUAGES.
- **“I CAN’T CHANGE THE DIRECTION OF THE WIND, BUT I CAN ADJUST MY SAILS TO ALWAYS REACH MY DESTINATION.”**
JIMMY DEAN, SINGER (1928 - 2010), WAS A GRAMMY AWARD-WINNING COUNTRY MUSICIAN, ACTOR, TELEVISION HOST AND ENTREPRENEUR.
- **“PERFECTION IS NOT ATTAINABLE, BUT IF WE CHASE PERFECTION WE CAN CATCH EXCELLENCE.”**
VINCE LOMBARDI, COACH (1913 - 1970), WAS AN NFL COACH, NOTABLY FOR THE GREEN BAY PACKERS, A TEAM HE LED TO FIVE CHAMPIONSHIPS.
- **“NO MATTER WHAT PEOPLE TELL YOU, WORDS AND IDEAS CAN CHANGE THE WORLD.”**
ROBIN WILLIAMS , ACTOR (1951 - 2014), WAS KNOWN FOR HIS FAST-PACED, IMPROVISATIONAL PERFORMANCE STYLE AND FOR HIS PERFORMANCE IN FILMS LIKE “GOOD WILL HUNTING” AND “DEAD POETS SOCIETY”.
- **“WHEN THE WHOLE WORLD IS SILENT, EVEN ONE VOICE BECOMES POWERFUL.”**
MALALA YOUSAFZAI, CHILDREN’S ACTIVIST (1997 -), DEFIED THE TALIBAN IN PAKISTAN AND DEMANDED THAT GIRLS BE ALLOWED TO RECEIVE AN EDUCATION. SHE WAS SHOT IN THE HEAD BY A TALIBAN GUNMAN IN 2012, BUT SURVIVED AND WENT ON TO RECEIVE THE NOBEL PEACE PRIZE.
- **“IF WHAT YOU HAVE DONE YESTERDAY STILL LOOKS BIG TO YOU, YOU HAVEN’T DONE MUCH TODAY.”**
MIKHAIL SERGEYEVICH GORBACHEV, GOVERNMENT OFFICIAL (1931 -), WAS THE FIRST PRESIDENT OF THE SOVIET UNION, SERVING FROM 1990 TO 1991. HE WAS AWARDED THE NOBEL PEACE PRIZE FOR PEACE FOR HIS LEADERSHIP ROLE IN ENDING THE COLD WAR AND PROMOTING PEACEFUL INTERNATIONAL RELATIONS.
- **“IF YOU ARE BORN POOR, IT’S NOT YOUR MISTAKE. BUT IF YOU DIE POOR, IT’S YOUR MISTAKE.”**
BILL GATES, BUSINESS LEADER (1955 -), FOUNDED THE WORLD’S LARGEST SOFTWARE BUSINESS, MICROSOFT, WITH PAUL ALLEN, AND SUBSEQUENTLY BECAME ONE OF THE RICHEST MEN IN THE WORLD.